

2023-2024 IMPACT REPORT

THANK YOU!
We sincerely thank our donors & grantors for their continued support!
Your generosity enabled us to proudly continue to keep our services affordable & accessible.

Our mission is to provide affordable & accessible adult day care & support services to families affected by Alzheimer's & other forms of memory impairment diseases. We do this by providing innovative adult day care programs, family support, case management, crisis intervention, family & community education, advocacy, information & referrals.

SAN DIEGO COUNTY STATISTICS

250,000 family members or unpaid caregivers are caring for a loved one with dementia.*

ALZHEIMER'S DISEASE is the **3rd** leading cause of death.*

100,000+ San Diegans over 55 are living with Alzheimer's disease or a related dementia.*

*www.alzsd.org



OPERATING BUDGET

\$3,633,963

\$.90 OF EVERY DOLLAR RECEIVED GOES BACK INTO OUR PROGRAMS.

PAYOR SOURCES



- Private Pay
- Long Term Care Insurance
- Veteran Benefits
- County Grants
- PACE ACS Agreements*
- Despite rising costs, our daily rates were increased by only \$5.
- 1st rate increase in 9 fiscal years.

(*St. Paul's PACE, San Diego PACE, Gary & Mary West PACE & in FY '23-24, we welcomed Family Health Centers PACE)

CAREGIVER SUPPORT GROUPS

Our Caregiver Support Groups are **FREE** & open to anyone caring for a loved one with dementia.

36 groups held via Zoom

24 groups held in-person



Annual cost to run the program: **\$5,044**

MEMORY CAFÉS

A Memory Café is a safe, supportive environment designed to engage attendees in cognitive activities to keep the brain mentally & socially active.

These gatherings are offered **FREE** to the public.

IN FY 23-24:

the Solana Beach location held **21**

cafés for **42** repeat attendees



DAY CENTERS

IN FY 23-24, WE:

WELCOMED **195** NEW FAMILIES

PROVIDED **225,458** HOURS OF CARE



AVERAGE COST TO CARE FOR A PARTICIPANT:

\$113 PER DAY **\$28,363** PER YEAR

Town Square Franchising now has locations in: FL, GA, MD, NJ, SC, TX & WA



GLENNERCARE™



*Virtual dementia support via phone, email &/or video call.

*Designed to reduce unnecessary visits to the doctor, urgent care center, emergency room &/or hospital.

***FREE** with enrollment at any of the Glenner Day Centers.

*Is now growing nationally through a private for-profit company called VirtuALZ.

* 1st annual "Day of Joy" event for **45** family caregivers.

STATS:

913 PHONE CALLS

80+ HOURS OF TALK TIME

1,519 EMAILS

16% HOSPITALIZATION RATE*

National Average Hospitalization Rate Is 21.5%

ANNUAL COST TO RUN THE PROGRAM

\$136,486

*https://jamanetwork.com

VOLUNTEER PROGRAM



9 active volunteers

provided **215** hours of companionship

to an average of **30** socially isolated seniors

in **4** of our contracted sites



PROFESSIONAL EDUCATION

456

individuals have participated in:

50

presentations & trainings

=

48

in-person

+ **2**

online

SYMPOSIA:

78 industry professionals attended **2 FREE** symposia

FAMILY CAREGIVER TRAINING:

20 family caregivers participated in two 9-week Family Caregiver Education & FREE Respite Care Programs

144 hours of **FREE** respite care for the loved ones of the attendees

OTHER:

1,736 caregivers enrolled in the Empowering Caregivers Animated Toolkit through a CalGrows grant

