

PHYSICIAN'S REPORT FOR RESIDENTIAL CARE FACILITIES FOR THE ELDERLY (RCFE)**I. FACILITY INFORMATION** *(To be completed by the licensee/designee)*

| | | |
|--|--------------------------------|---|
| 1. NAME OF FACILITY George G. Glenner Alzheimer's Family Centers, Inc.® | | 2. TELEPHONE (760) 635-1895 |
| 3. ADDRESS 335 Saxony Road | CITY Encinitas, CA | ZIP CODE 92024 |
| 4. LICENSEE'S NAME George G. Glenner Alzheimer's Family Centers, Inc.® | 5. TELEPHONE (760) 635-1895 | 6. FACILITY LICENSE NUMBER 374601048 |

II. RESIDENT/PATIENT INFORMATION *(To be completed by the resident/resident's responsible person)*

| | | |
|---------|---------------|--------|
| 1. NAME | 2. BIRTH DATE | 3. AGE |
|---------|---------------|--------|

III. AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION*(To be completed by resident/resident's legal representative)*

I hereby authorize release of medical information in this report to the facility named above.

1. SIGNATURE OF RESIDENT AND/OR RESIDENT'S LEGAL REPRESENTATIVE

| | |
|------------|---------|
| 2. ADDRESS | 3. DATE |
|------------|---------|

IV. PATIENT'S DIAGNOSIS *(To be completed by the physician)*

NOTE TO PHYSICIAN: The person named above is either a resident or prospective resident of a residential care facility for the elderly licensed by the Department of Social Services. The license requires the facility to provide primarily non-medical care and supervision to meet the needs of that person. THESE FACILITIES DO NOT PROVIDE SKILLED NURSING CARE. The information that you provide about this person is required by law to assist in determining whether the person is appropriate for care in this non-medical facility. It is important that all questions be answered.

(Please attach separate pages if needed.)

| | | | | |
|-----------------|--------|-----------|-----------|-------------------|
| 1. DATE OF EXAM | 2. SEX | 3. HEIGHT | 4. WEIGHT | 5. BLOOD PRESSURE |
|-----------------|--------|-----------|-----------|-------------------|

6. TUBERCULOSIS (TB) TEST

| | | | |
|-----------------------|----------------------|--------------------|---|
| a. Date TB Test Given | b. Date TB Test Read | c. Type of TB Test | d. Please Check if TB Test is: <input type="checkbox"/> Negative <input type="checkbox"/> Positive |
|-----------------------|----------------------|--------------------|---|

e. Results: mm _____ f. Action Taken (if positive): _____

g. Chest X-ray Results: _____

h. Please Check One of the Following:

☐ Active TB Disease ☐ Latent TB Infection ☐ No Evidence of TB Infection or Disease

7. PRIMARY DIAGNOSIS:

- a. Treatment/medication (type and dosage)/equipment:
- b. Can patient manage own treatment/medication/equipment? ☐ Yes ☐ No
- c. If not, what type of medical supervision is needed?

8. SECONDARY DIAGNOSIS(ES):

- a. Treatment/medication (type and dosage)/equipment:
- b. Can patient manage own treatment/medication/equipment? ☐ Yes ☐ No
- c. If not, what type of medical supervision is needed?

9. CHECK IF APPLICABLE TO 7 OR 8 ABOVE:

- ☐ Mild Cognitive Impairment: Refers to people whose cognitive abilities are in a “conditional state” between normal aging and dementia.
- ☐ Dementia: The loss of intellectual function (such as thinking, remembering, reasoning, exercising judgement and making decisions) and other cognitive functions, sufficient to interfere with an individual’s ability to perform activities of daily living or to carry out social or occupational activities.

10. CONTAGIOUS/INFECTIOUS DISEASE:

- a. Treatment/medication (type and dosage)/equipment:
- b. Can patient manage own treatment/medication/equipment? ☐ Yes ☐ No
- c. If not, what type of medical supervision is needed?

11. ALLERGIES:

- a. Treatment/medication (type and dosage)/equipment:
- b. Can patient manage own treatment/medication/equipment? ☐ Yes ☐ No
- c. If not, what type of medical supervision is needed?

12. OTHER CONDITIONS:

- a. Treatment/medication (type and dosage)/equipment:
- b. Can patient manage own treatment/medication/equipment? ☐ Yes ☐ No
- c. If not, what type of medical supervision is needed?

| 13. PHYSICAL HEALTH STATUS | YES | NO | ASSISTIVE DEVICE (If applicable) | EXPLAIN |
|--|------------|-----------|--|----------------|
| a. Auditory Impairment | | | | |
| b. Visual Impairment | | | | |
| c. Wears Dentures | | | | |
| d. Wears Prosthesis | | | | |
| e. Special Diet | | | | |
| f. Substance Abuse Problem | | | | |
| g. Use of Alcohol | | | | |
| h. Use of Cigarettes | | | | |
| i. Bowel Impairment | | | | |
| j. Bladder Impairment | | | | |
| k. Motor Impairment/Paralysis | | | | |
| l. Requires Continuous Bed Care | | | | |
| m. History of Skin Condition or Breakdown | | | | |

| 14. MENTAL CONDITION | YES | NO | EXPLAIN |
|--|-----|----|---------|
| a. Confused/Disoriented | | | |
| b. Inappropriate Behavior | | | |
| c. Aggressive Behavior | | | |
| d. Wandering Behavior | | | |
| e. Sundowning Behavior | | | |
| f. Able to Follow Instructions | | | |
| g. Depressed | | | |
| h. Suicidal/Self-Abuse | | | |
| i. Able to Communicate Needs | | | |
| j. At Risk if Allowed Direct Access to Personal Grooming and Hygiene Items | | | |
| k. Able to Leave Facility Unassisted | | | |
| 15. CAPACITY FOR SELF-CARE | YES | NO | EXPLAIN |
| a. Able to Bathe Self | | | |
| b. Able to Dress/Groom Self | | | |
| c. Able to Feed Self | | | |
| d. Able to Care for Own Toileting Needs | | | |
| e. Able to Manage Own Cash Resources | | | |
| 16. MEDICATION MANAGEMENT | YES | NO | EXPLAIN |
| a. Able to Administer Own Prescription Medications | | | |
| b. Able to Administer Own Injections | | | |
| c. Able to Perform Own Glucose Testing | | | |
| d. Able to Administer Own PRN Medications | | | |
| e. Able to Administer Own Oxygen | | | |
| f. Able to Store Own Medications | | | |

17. AMBULATORY STATUS:

- a. 1. This person is able to independently transfer to and from bed: ☐ Yes ☐ No
2. For purposes of a fire clearance, this person is considered:
☐ Ambulatory ☐ Nonambulatory ☐ Bedridden

Nonambulatory: A person who is unable to leave a building unassisted under emergency conditions. It includes any person who is unable, or likely to be unable, to physically and mentally respond to a sensory signal approved by the State Fire Marshal, or to an oral instruction relating to fire danger, and/or a person who depend upon mechanical aids such as crutches, walkers, and wheelchairs.

Note: A person who is unable to independently transfer to and from bed, but who does not need assistance to turn or reposition in bed, shall be considered non-ambulatory for the purposes of a fire clearance.

Bedridden: For the purpose of a fire clearance, this means a person who requires assistance with turning or repositioning in bed.

- b. If resident is nonambulatory, this status is based upon:
- ☐ Physical Condition ☐ Mental Condition ☐ Both Physical and Mental Condition
- c. If a resident is bedridden, check one or more of the following and describe the nature of the illness, surgery or other cause:
- ☐ Illness: _____
- ☐ Recovery from Surgery: _____
- ☐ Other: _____

NOTE: An illness or recovery is considered temporary if it will last 14 days or less.

- d. If a resident is bedridden, how long is bedridden status expected to persist?
1. _____ (number of days)
2. _____ (estimated date illness or recovery is expected to end or when resident will no longer be confined to bed)
3. If illness or recovery is permanent, please explain: _____
- _____
- _____
- _____

e. Is resident receiving hospice care?

☐ No ☐ Yes If yes, specify the terminal illness: _____

18. PHYSICAL HEALTH STATUS: ☐ Good ☐ Fair ☐ Poor

19. COMMENTS:

DO NOT RESUSITATE ON FILE? ☐ YES ☐ NO

| STANDING ORDERS (PCP, please strike through any orders not approved and write in alternate as desired) |
|---|
| Acetaminophen: 500 mg 1 tab PO Q4 hrs PRN mild pain or 2 tabs PO Q6 PRN moderate - severe pain |
| OTC Antacid: TUMS 750 mg - 1 tablet by mouth 1 time per week as needed for indigestion |
| Emergency O2: at 2 or 4 L/min. nasal cannula PRN |
| Ibuprofen: 200 mg 1 tab PO Q4 hrs PRN mild pain with food or 2 tabs PO Q4 hrs PRN moderate - severe pain with food |
| Loperamide: 2 mg 1 tab PO TID PRN for severe, ongoing diarrhea |
| First Aid Care: Cleanse with normal saline, apply antibiotic ointment (not Neosporin), cover with dry dressing PRN |
| Non-enteric coated ASA: 81 mg, 2 tabs PO ASAP PRN for suspected stroke or acute coronary syndrome |
| Tuberculin PPD: 0.1 mg ID in forearm, read 48-72 hrs (if no screen within last 12 months and if test offered at ADHC center) |
| Milk of Magnesia (magnesium hydroxide): 15 ML (1 tablespoon) PO BID PRN for mild constipation until relief of symptoms or 30 ML (2 tablespoons) PO BID PRN for severe constipation until relief of symptoms |

20. PHYSICIAN'S NAME AND ADDRESS (PRINT)

21. TELEPHONE

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22. LENGTH OF TIME RESIDENT HAS BEEN YOUR PATIENT

23. PHYSICIAN'S SIGNATURE

24. DATE