November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Activities Subject to Change 10:30 Morning Yoga with Kristin 11: 1:3 2:3 3:3 4:3 10: 11: 1:3 2:3 3:3 4:3 3:30 Trivia BYGONE DAYS PRODUCTIONS		10:30 Morning Yoga with Kristin 11:30 News/Cooking Class 1:30 Ring Toss 2: 3: 4: 1(1 1: 2: 3: 4:30 Seated Kick Ball 3:30 Trivia		**1 Dia de los Muertos** Sugar Skulls in the Diner (C/S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Papel Picado Banner - Library (C) Cleaning Pet Shop & Feed Birds (P) Archt.: Pisa Tower- Museum (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) Exercise and Movie in the (S/P) Drama Class - Pied Piper Theater (C) Making Marigolds at Joy's (C/S) T-Bird Adventures (S) Alois' Headlines (I)
4 National Candy Day Candy Corn Mosaic Art in the Diner (C) Karaoke at Gone Fishin' Pub (S) Creative Writing & Discussion - C.H. (C) Arranging This and That in the L.B.H. (P) Candy Pass Game - Library (C/S) About Candy - Pet Shop (E) Air & Space Discussion - Museum (E) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**5 American Football Day** Floral Arrangements - Diner (S) QB Sneek - Pub (I/E/P) Letters to Coast Guard - City Hall (C) Watercolors - Little Blue House (C) Reminiscing - Library (I) American Football Trivia - Museum (I/E) Clinic - OT/PT (P) Shuffleboard - Silver Fox (P) Exercise - Glenner Park (P) *Stories for Seniors - P.P. Theater* (I) Football Now & Then - P.P. Theater (I/E) Joy's Dept. Store - Women's Club (S) T-Bird - Men's Club (S) Alois' Headlines (I)	**6 National Basketball Day** Arts and Crafts in the Diner (C) Free Throws - Pub (P) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) Basketball Facts - Library (I) Cleaning Pet Shop & Feed Birds (P) Museum - Science Experiments (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**7 International Games Week** Dessert Design in the Diner (C) Board Games in the Pub (I/E/S) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) About Games - Library (E/I) Aquarium Trip to Saucy's Pet Shop (E) Woodworking - Museum (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) *Grey Matters w/Todd - Glenner Park* (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Emotions Sack (E) Polishing the T-Bird (P) Today in History - Newsstand (I)	**8 National STEM Day** BINGO/Loteria in the Diner (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Book Club - Library (I) *Pet Encounter with Helen Woodward* (S) Science Fair - Museum (C/E) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) Exercise - Glenner Park (P) *Piano Concerto with Glenn - Pied Piper Theater* (S) Jewelry Making at Joy's (C) T-Bird Adventures (S) Alois' Headlines (I)
11 Veteran's Day Culinary Class in the Diner (C) Karaoke at Gone Fishin' Pub (S) Valuing Our Veterans - C.H. (E/S) Arranging This and That in the L.B.H. (P) Reminiscing - Library (E) About Eagles - Pet Shop (E) *Chief Joe: Art Piece Reveal - Museum* (E) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) *Pinning Ceremony - Glenner Park* (S) *MusicWorx - Pied Piper Theater* (S) *Joy's Dept. Store -Floral with Ma.* (C/S) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**12 National Happy Hour Day** Happy Hour BINGO - Diner (S) Happy Hour Party - Pub (S) Letters to Marines - City Hall (C) Watercolors - Little Blue House (C) History of "Happy Hour" - Library (E) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) Shuffleboard - Silver Fox (P) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Womens Club (S) T-Bird - Men's Club (S) Alois' Headlines (I)	**13 Caregiver Appreciation Day** "Thank You" Banner in the Diner (C) Mixology Class Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) "Thank You" Cards - Library (C) Cleaning Pet Shop & Feed Birds (P) Museum - Science Experiments (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater **Red Hat Society w/ Malia - Joy's** (S) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**14 National Teddy Bear Day** Paper Bear Craft in the Diner (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) *Relax by Breath with Ed - Library* (E) Aquarium Trip to Saucy's Pet Shop (E) Teddy Bear Art - Museum (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) Exercise - Glenner Park (P) *Storytelling w/ Marilyn - P.P. Theater* (I) Joy's Department Store - Inventory (S/I) Drive-In Movie Experience T-Bird (P) Today in History - Newsstand (I)	**15 National Drummer Day** BINGO/Loteria in the Diner (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Drummer Facts - Library (I/E) Cleaning Pet Shop & Feed Birds (P) Drum Craft- Museum (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) Drum Sticks Rhythm - Glenner Park (P) Drama Class - Pied Piper Theater (C) Jewelry Making at Joy's (C) T-Bird Adventures (S) Jeopardy - Newsstand (I)
18 Mickey Mouse Birthday Mickey Mouse Craft in the Diner (C) Karaoke at Gone Fishin' Pub (S) Creative Writing & Discussion - C.H. (C) Arranging This and That in the L.B.H. (P) About Mickey Mouse - Library (E/I) *Love on a Leash - Pet Shop* (S) Air & Space Discussion - Museum (E) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Ear Contest (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**19 Let's Talk Turkey Day** Turkey Craft - Diner (C) BINGO - Pub (S) Letters to the Army - City Hall (C) Watercolors - Little Blue House (C) *Tues. School with Deacon Tay - Lib.* (E) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) Shuffleboard - Silver Fox (P) Exercise - Glenner Park (P) Movie of Choice - P.P. Theater Joy's Dept. Store - Womens Club (S) T-Bird - Men's Club (S) Alois' Headlines (I)	**20 Stately Knowledge Day** Arts and Crafts in the Diner (C) Mixology Class at Gone Fishin' Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) States Flashcards - Library (I/E) Cleaning Pet Shop & Feed Birds (P) Museum - State the States (I/E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**21 World Philosophy Day** Dessert Design in the Diner (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) Intro to Philosophy - Library (E) Aquarium Trip to Saucy's Pet Shop (E) Did You Know... - Museum (I/E) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) *Grey Matters w/Todd - Glenner Park* (P) Movie of Choice - Pied Piper Theater Joy's Department Store - Inventory (S/I) Polishing the T-Bird (P) Today in History - Newsstand (I)	**22 Ella Fitzgerald Day** Birthday Celebration in the Diner (S) Poker - Pub (C) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Discography - Library (C/S) Cleaning Pet Shop & Feed Birds (P) Archt.: Pisa Tower- Museum (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) Exercise - Glenner Park (P) Ella Fitzgerald Movie - P. P. Theater (E) Jewelry Making at Joy's (C) T-Bird Adventures (S) Jeopardy - Newsstand (I)
25 Annual Thanksgiving Luncheon Culinary Class in the Diner (C/S) Karaoke at Gone Fishin' Pub (S) Arranging This and That in the L.B.H. (P) Giving Thanks - Library (E/I) Armchair Travel: MAS- Museum (E/I) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise - Glenner Park (P) ***Annual Thanksgiving Luncheon - Glenner Park*** (S) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E)	**26 Good Grief Day** Peanut Gang - Diner (C) BINGO - Pub (S) Letters to the Navy - City Hall (C/E) Watercolors - Little Blue House (C) Who was Charles M.Schulz - Library (E/I) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) Shuffleboard - Silver Fox (P) *Otay Ranch Performance - Park* (S) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Womens Club (S) T-Bird - Men's Club (S) Alois' Headlines (I)	**27 National Jukebox Day** Jukebox Art in the Diner (C) Mixology Class at Gone Fishin' Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) Jukebox Trivia - Library (E/I) Cleaning Pet Shop & Feed Birds (P) Museum - Jukebox Craft (C/P) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater **Red Hat Society w/ Bella - Joy's** (S) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**28 Center Closed** 	**29 Center Closed** Sorry WE'RE CLOSED

Birthdays!

November 5th - Donna S.
November 11th- Tim I.
November 12th- Gloria F.
November 14th- Bob A.
November 17th- Hedilberto M.
November 22nd- Mary F.
November 24th - Jose S.M.
November 25th - Elba Z.
November 27th - Denny F.

(S) = Social | **(P)** = Physical | **(I)** = Intellectual
(C) = Creative | **(E)** = Education

Town SQUARE®
A George G. Glenner Alzheimer's Family Center

Town Square | 2765 Main St. | Ste. A
Chula Vista, CA 91911 | 619-543-4700

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Special Events

Pinning Ceremony Sponsored by LightBridge Hospice
A special thanks to El Tapatio for donating our Luncheon