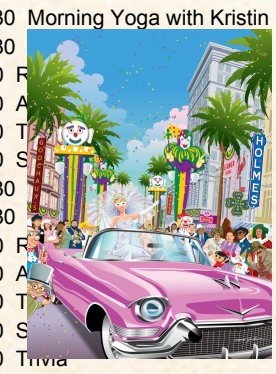
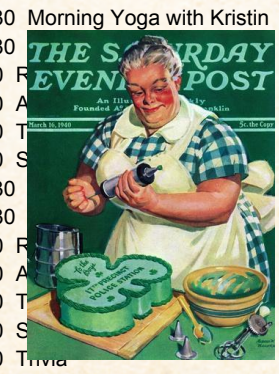
March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Caregiver Appreciation Day **Floral Arrangements - Diner** (C) Pub Games at Gone Fishin' Pub (S/P) **Participant Council Meeting - C.H.** (C) **Healing Baskets in the L.B.H.** (C) Sharing the Caring - Library (I/E) Saucy's Pet Shop: About PIP (S/E) Construct & Conquer - Museum (E/C) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**4** Mardi Gras / Fat Tuesday Arts & Crafts - Diner (C) Bowling - Pub (S/P) Letters to Friends - City Hall (C/E) Watercolors - Little Blue House (C) *Storytelling with Pam - Library* (I) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) **Harmony & Care Club - Silver Fox** (S) ***Mardi Gras Party - Glenner Park*** (S) 1950's Jeopardy on the BIG Screen - Pied Piper Theater (S/I) **Red Hat Society w/ Malia - Joy's** (S) **T-Bird - Men's Club** (S) Alois' Headlines (I)	**5** National Cheese Doodle Day **Culinary Class in the Diner** (C) Mixology Class- Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) Cheese Doodle Pictionary - Library (S/C) Cleaning Pet Shop & Feed Birds (P) **Museum - Innovation Station** (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise & **Garden Club** - G. Park (P/E) **Travel Club: Ireland &** *Music with Peter Seltser* **- P.P. Theater** (E/S) Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**6** Dentist's Day **Dessert Design in the Diner** (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) *Sound Healing with TopKare - Library* (E) Aquarium Trip to Saucy's Pet Shop (E) **Woodworking Club - Museum** (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) *Grey Matters w/Todd - Glenner Park* (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Inventory (I) Polishing the T-Bird (P) Today in History - Newsstand (I)	**7** Employee Appreciation Day BINGO/Loteria in the Diner (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) **Book Club &** I Appreciate **- Library** (I/S) Cleaning Pet Shop & Feed Birds (P) **Architecture Club - Museum** (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) *Healing Through the Arts with Tina in the Park* (S/P) *Piano with Glenn - P.P. Theater* (S) Elegant Creations at Joy's (C) T-Bird Adventures (S) Alois' Headlines (I)
10 Middle Name Pride Day **Floral Arrangements - Diner** (C) Pub Games at Gone Fishin' Pub (S/P) Creative Writing & Discussion - C.H. (C) Reminiscing & Crafting - L.B.H. (S/C) Middle Name Meaning - Library (I/E) About Birds - Pet Shop (E) Construct & Conquer - Museum (E/C) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) *MusicWorx - Pied Piper Theater* (S) Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**11** Johnny Appleseed Day Arts & Crafts - Diner (C) Shooting Hoops - Pub (P) Letters to Coast Guard - City Hall (C) Watercolors - Little Blue House (C) Magazine Treasure Hunt & From Seed to Tree - Library (E/I) Pet Shop - Know the Aquarium (E) Trivia - Museum (I) Clinic - OT/PT (P) **Harmony & Care Club - Silver Fox** (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Women's Club (S) **T-Bird - Men's Club** (S) Alois' Headlines (I)	**12** Plant a Flower Day BINGO/Loteria in the Diner (S) Mixology Class- Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) Color Me Mine - Library (C/E) Cleaning Pet Shop & Feed Birds (P) **Museum - Innovation Station** (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise & **Garden Club** - G. Park (P/E) *Noches Bohemias with Pedro - Pied Piper Theater* (S) Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**13** Jewel Day **Dessert Design in the Diner** (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) *Relax by Breath with Ed* - Library (S/E) Aquarium Trip to Saucy's Pet Shop (E) **Woodworking Club & Digging for Gems - Museum** (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Fashion Design - Joy's Dept. Store (C) Polishing the T-Bird (P) Today in History - Newsstand (I)	**14** National Pi Day BINGO/Loteria in the Diner (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Pi Skyline - Library (E/C) Cleaning Pet Shop & Feed Birds (P) **Architecture Club - Museum** (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) Exercise and Movie in the Park (S/P) Drama Class - Pied Piper Theater (C) Elegant Creations at Joy's (C) T-Bird Adventures (S) Alois' Headlines (I)
17 Saint Patrick's Day **Floral Arrangements - Diner** (C) Shamrock Shindig at Pub (S) Creative Writing & Discussion - C.H. (C) Reminiscing & Crafting - L.B.H. (S/C) About St. Patrick's - Library (E) *Love on a Leash - Pet Shop* (S) Construct & Conquer - Museum (E/C) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater *Joy's -Floral Fashion with Ma.* (C/S) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**18** Tea for Two Tuesday Arts & Crafts - Diner (C) Bowling - Pub (S/P) *Tuesday School w/ Deacon Tay* (E) Watercolors - Little Blue House (C) Magazine Treasure Hunt- Library (I) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) **Harmony & Care Club - Silver Fox** (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater **Red Hat Society w/ Malia (Tea Etiquette) - Joy's** (S/I/E) **T-Bird - Men's Club** (S) Alois' Headlines (I)	**19** Let's Laugh Day BINGO/Loteria in the Diner (S) Mixology Class - Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) Mad Libs - Library (I/C) Cleaning Pet Shop & Feed Birds (P) **Museum - Innovation Station** (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Laughter Yoga - Exercise & **Garden Club** - Park (P/E) Movie of Choice - Pied Piper Theater Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**20** Spring (Vernal) Equinox **Dessert Design in the Diner** (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Spring Cleaning - Little Blue House (C) Flower BINGO - Library (E/S) Aquarium Trip to Saucy's Pet Shop (E) **Woodworking Club - Museum** (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) *Grey Matters w/Todd & The Season's Sip: A Springtime Tea - Glenner Park* (S) Movie of Choice - Pied Piper Theater Mannequin Design - Joy's Dept. Store (C) Drive-In Movie Experience T-Bird (P) Today in History - Newsstand (I)	**21** World Poetry Day BINGO/Loteria in the Diner (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) **Book Club** & Acrostic Poem Writing **- Library** (I) Cleaning Pet Shop & Feed Birds (P) **Architecture Club - Museum** (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) *HTA with Tina - Park* (S/P) Drama Class - Pied Piper Theater (C) Elegant Creations at Joy's (C) T-Bird Adventures - BYO Grabber (S/C) Jeopardy - Newsstand (I)
24 Nat'l Choc. Covered Raisins Day **Floral Arrangements - Diner** (C) Choc. Covered Raisins - Pub (S) Creative Writing & Discussion - C.H. (C) Reminiscing & Crafting - L.B.H. (S/C) *Art for All Ages - Library* (C) About Cows - Pet Shop (E) Construct & Conquer - Museum (E/C) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	**25** International Waffle Day Waffle Topping Bar in the Diner (S) Shooting Hoops - Pub (P) Letters to Navy - City Hall (C) Watercolors - Little Blue House (C) Magazine Treasure Hunt- Library (I) Pet Shop - Know the Aquarium (E) Trivia in the Museum (I) Clinic - OT/PT (P) **Harmony & Care Club - Silver Fox** (S) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Joy's Dept. Store - Womens Club (S) **T-Bird - Men's Club** (S) Alois' Headlines (I)	**26** National Spinach Day *Seeds of Spinach w/ SDSU - Diner* (S/E) Mix. Class: Spinach Smoothie - Pub (C) Visual Poetry - City Hall (C/I) Puzzles - Little Blue House (I) About Carnivals - Library (I/E) Cleaning Pet Shop & Feed Birds (P) **Museum - Innovation Station** (E) Clinic - OT/PT (P) Happy Nails at Silver Fox (S) Exercise, **Garden Club** - Park (P/E) Movie of Choice - Pied Piper Theater Jewelry Making at Joy's Dept. Store (C) Hotel Mysteries by the T-Bird (I) Town Square News (I)	**27** National "Joe" Day **Dssrt. Design & A Cup of Joe Diner** (C) Billiards and More in the Pub (S/P) City Hall - Dear Abby (S/I) Yarn Craft - Little Blue House (C) *Relax by Breath with Ed - Library* (E) Aquarium Trip to Saucy's Pet Shop (E) **Woodworking Club - Museum** (C) Clinic - OT/PT (P) Essential Oils & Relaxation - S.F. (E) Exercise - Glenner Park (P) Movie of Choice - Pied Piper Theater Mannequin Design - Joy's Dept. Store (C) Polishing the T-Bird (P) Today in History - Newsstand (I)	**28** Something on a Stick Day **Birthday Celebration in the Diner** (S) Poker - Pub (E/I) Sorting and Filing - City Hall (S/I) Reminiscence Program - L.B.H. (I) Chopstick Challenge - Library (S) Cleaning Pet Shop & Feed Birds (P) **Architecture Club - Museum** (C) Clinic - OT/PT (P) Beauty Tips and Cosmetology Class (E) *Music Station at Glenner Park* (S/P) **Prt. Spotlight** (S/E) Elegant Creations at Joy's (C) T-Bird Adventures (S) Jeopardy - Newsstand (I)
31 National Crayon Day **Floral Arrangements - Diner** (C) Pub Games at Gone Fishin' Pub (S/P) Creative Writing & Discussion - C.H. (C) Reminiscing & Crafting - L.B.H. (S/C) Crayon Melts - Library (I/E) About Snakes - Pet Shop (E) Construct & Conquer - Museum (E/C) Clinic - OT/PT (P) Aroma Therapy at Silver Fox (S) Exercise - Glenner Park (P) *Armond and Marcia - Pied Piper Theater* Joy's Dept. Store - Fashion Sketches (C) Route 66 Tales - T-Bird (E) Current Events - Newsstand (I)	10:30 Morning Yoga with Kristin 11:30 1:30 R 2:30 A 3:30 T 4:30 S 10:30 11:30 1:30 R 2:30 A 3:30 T 4:30 S 3:30 Trivia 	10:30 Morning Yoga with Kristin 11:30 1:30 R 2:30 A 3:30 T 4:30 S 10:30 11:30 1:30 R 2:30 A 3:30 T 4:30 S 3:30 Trivia 		**Activities Subject to Change**

Birthdays!

March 2nd: Fely B.
March 5th: Alfredo V.
March 5th: Jack D.
March 8th: Dale G.
March 12th: Lenny G.
March 12th: Gigi C.
March 13th: Danny A.
March17th: Jose N.
March 20th: Thomas E.
March 23rd: Lolita R.R.
March 25th: Ed M.
March 26th: Nan L.
March 30th: Carol K.
March 31st: Dolores C.

(S) = Social | (P) = Physical | (I) = Intellectual
(C) = Creative | (E) = Education

Town Square®
A George G. Glenner Alzheimer's Family Center

Town Square | 2765 Main St. | Ste. A
Chula Vista, CA 91911 | 619-543-4700

© George G. Glenner Alzheimer's Family Centers, Inc.®, 2018

Special Events

March 4th: Mardi Gras
March 17th: St. Patrick's Day
March 20th: Spring Tea Party