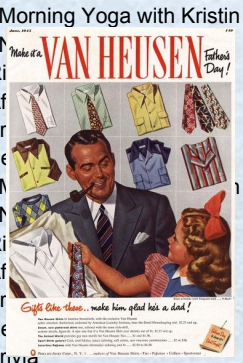
June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 National Rocky Road Day Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart **Healing Baskets** (C) Lunch Patio Rendezvous: Axe Throwing (P) **Participant Council Meeting** (S) **Cooking Class** (C) Snack Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**3** World Bicycle Day Breakfast at Little Blue House Café (S) *Grey Matters with Laura* (P) Current Events (I) Hydration Cart History of Bicycles (E) Lunch Golf (P) BINGO (S) DIY: Popsicle Stick Bicycle (C) Snack Movie of Choice (E) Table Games (S) An Afternoon at Lauire's Bistro (S/P)	**4** Applesauce Cake Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker (E/I) Build an Apple Tree (C) Snack **Architecture Club** (C/E) Movie of Choice (E) *HTA with Amal at Lauire's Bistro* (P)	**5** Hot Air Balloon Day Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart Hot Air Balloon Craft (C) Lunch Patio Rendezvous: Cornhole (P) About Hot Air Balloons (E) Afternoon Stretch (P) Snack Movie of Choice (E) BINGO (S) An Afternoon at Lauire's Bistro (S/P)	**6** National Doughnut Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and **Book Club** (I/E) Hydration Cart BINGO (S) Lunch Patio Rendezvous: Axe Throwing (P) Snack **Dessert Design: Doughnuts** (S/C) Movie of Choice (E) 3D Paper Donut (C) Water our Garden (P) *Relax by Breath with Ed* (E) **Floral Arrangements** (C)
9 Nat'l Strawberry Rhubarb Pie Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart **Creative Writing** (C) Lunch Patio Rendezvous: Axe Throwing (P) DIY: Strawberry Bookmarks (C) Snack Taste Test: Strawberry Pie (S) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**10** National Herbs & Spices Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events (I) Hydration Cart Planting Herbs & Seed Plant Video (C) Lunch Golf (P) Plant BINGO (S) Arts & Crafts (C) Snack Movie of Choice (E) Table Games (S) An Afternoon at Lauire's Bistro (S/P) *Stories for Seniors with Walter* (I)	**11** National Children's Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Jeopardy (I/E) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker (E/I) **Architecture Club** (C/E) Snack **Science Club** (E) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	**12** Nat'l Peanut Butter Cookie Day Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart Decorating Peanut Butter Cookies (C) Lunch *Piano Concert with Glenn* (S) **Woodworking Club** (C) Peanut Butter Smoothie (C) Snack Movie of Choice (E) Table Games (S) An Afternoon at Lauire's Bistro (S/P)	**13** Friday the 13th Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events & Poker Hour (E/I) Hydration Cart *MusicWorx* (S) Lunch Patio Rendezvous: Axe Throwing (P) Snack Card Making: Father's Day (C) Movie of Choice (E) Water our Garden (P) *Relax by Breath with Ed* (E) **Floral Arrangements** (C) BINGO (S)
16 International Waterfall Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart How to Draw a Waterfall (C) Lunch **Creative Writ.** & *Art for All Ages* (C) **Science Experiment** (S/E) Snack BINGO (S) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**17** National Root Beer Day Breakfast at Little Blue House Café (S) *Grey Matters with Laura* (P) Current Events (I) Hydration Cart Making Root Beer Floats (S) Lunch Golf & Crafts (P/C) BINGO (S) Snack Table Games (S) The History of Root Beer (E) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	**18** Go Fishing Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker/Go Fish (E/I) Crafts (C) Snack **Architecture Club** (C/E) Movie of Choice (E) *HTA with Amal at Lauire's Bistro* (P)	**19** Juneteenth Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart *Love on a Leash* (S) Lunch What is Juneteenth? (E) BINGO (S) Snack Art Impressions (C) Patio Rendezvous: Cornhole (P) Armchair Travel: Jamaica (E) An Afternoon at Lauire's Bistro (S/P)	**20** Summer Solstice Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and Word Games (I) Hydration Cart **Summer Party** (S) Lunch Patio Rendezvous: Axe Throwing (P) Snack Happy Hour (S) Movie of Choice (E) Summer Treats (C) Water our Garden (P) **Floral Arrangements** (C)
23 National Pink Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart Pink Cherry Blossom Trees (C/E) Lunch Patio Rendezvous: Axe Throwing (P) **Men's Club** (S) Snack **Creative Writing** (C) History of Color Pink (E) Music and Massage (S) **Garden Club** (S/P/C)	**24** Celebration of the Senses Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events (E/I) Hydration Cart *Tuesday School w/ Deacon Tay* (E) Lunch Golf (P) BINGO (S) Snack Magazine Treasure Hunt (C/I) Five Senses Video & Activity (E/I/S) An Afternoon at Lauire's Bistro (S/P) **Red Hat Society with Nicole** (S)	**25** Handshake Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch DIY: Hand Drum & Galaxy Hand-print (C) Cornhole (P) Poker (E/I) Snack **Architecture Club** (C/E) Movie of Choice (E)	**26** Beautician's Day Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Self-Care Social (S) Hydration Cart *Helen Woodward PET Encounter* (S) Lunch **June Birthday Celebration** **Dessert Design** (C) Snack **Participant Spotlight** (E) Self-Care Goodie Bags (S) An Afternoon at Lauire's Bistro (S/P)	**27** Sunglasses Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and Word Games (I) Hydration Cart DIY: Sunglasses (C) Lunch Patio Rendezvous: Axe Throwing (P) Snack Sunglasses Through the Years (E) Happy Hour (S) Water our Garden (P) **Floral Arrangements** (C) *Relax by Breath with Ed* (E)
30 Meteor Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart **Creative Writing** (C) Lunch Patio Rendezvous: Axe Throwing (P) Meteor Shower Painting (C) Snack About Meteors(E) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	10:30 Morning Yoga with Kristin 11:30 M 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 10:30 M 11:30 M 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 3:30 Trivia  	10:30 Morning Yoga with Kristin 11:30 M 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 10:30 M 11:30 M 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 3:30 Trivia 	 	**Activities Subject to Change**

(S) = Social | (P) = Physical | (I) = Intellectual | (C) = Creative | (E) = Education

Birthdays!

June 2nd: Ethel "Mae" K.
June 3rd: Sheila C.
June 3rd: Maria Elena F.
June 6th: Carl D.
June 22nd: Maria M.
June 25th: Gil V.
June 27th: Radko D.

GEORGE G. GLENNER ALZHEIMER'S FAMILY CENTERS, INC.®
LITTLE BLUE House 3686

3686 4th Avenue San Diego, CA 92103

Activity calendar sponsored by The Guardian Angel Program of San Diego County.

Special Events

Friday, June 13th: Father's Day Celebration
Friday, June 20th: Summer Party

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