April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Morning Yoga with Kristin 11 1: 2: 3: 4: 10 11 1: 2: 3: 4: 3:30 Trivia 4:00 Lost 	**1 April Fool's Day** Breakfast at Little Blue House Café (S) *Grey Matters with Laura* (P) Current Events (I) Hydration Cart **Healing Baskets** (C) Lunch Golf (P) **Participant Council Meeting** (S) Arts & Crafts (C) Snack Movie of Choice (E) Table Games (S) An Afternoon at Lauire's Bistro (S/P)	**2 National Walking Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker (E/I) The Importance of Walking (E) Snack **Architecture Club** (C/E) Movie of Choice (E) **Travel Club: Israel** (S/E)	**3 National Burrito Day** Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events & Guess the Food? (I) Hydration Cart Armchair Travel: Mexico (E) Lunch Patio Rendezvous: Cornhole (P) **Culinary Class** (C) About Burritos (I/E) Snack Movie of Choice (E) Loteria (S) An Afternoon at Lauire's Bistro (S/P) *Villa Musica: Music Bios* (S/C)	**4 School Librarian Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and **Book Club** (I/E) Hydration Cart School Librarian Job Description (E/S) Lunch Patio Rendezvous: Axe Throwing (P) Snack Happy Hour (S) Movie of Choice (E) Arts & Crafts (C) Water our Garden (P) *Relax by Breath with Ed* (E) **Floral Arrangements** (C)
7 International Beaver Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart **Creative Writing** (C) Lunch Patio Rendezvous: Axe Throwing (P) DIY Beaver Bookmarks (C) Snack BINGO (S) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**8 Draw a Picture of a Bird Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events (I) Hydration Cart *Stories for Seniors with Walter* (I) Lunch Golf (P) BINGO (S) Snack Table Games (S) Tutorial: Drawing a Hummingbird (C) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	**9 Winston Churchill Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & About W. Churchill (I/E) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker & Guess the Historical Fig. (E/I) **Architecture Club** (C/E) Snack **Science Club** (E) Movie of Choice (E) *HTA with Amal at Lauire's Bistro* (P)	**10 National Farm Animals Day** Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart Farm BINGO (S) Lunch *Piano Concert with Glenn* (S) **Woodworking Club** (C) Sound Healing with TopKare (S/E) Snack Video: Guess 120 Animals (E) Table Games (S) An Afternoon at Lauire's Bistro (S/P) *Villa Musica: Music Bios* (S/C)	**11 National Pet Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events (E/I) Hydration Cart *MusicWorx* (S) Lunch Patio Rendezvous: Axe Throwing (P) Snack *PET Therapy with Muffin* (S) Movie of Choice (E) Water our Garden (P) *Relax by Breath with Ed* (E) **Floral Arrangements** (C) Dog Trivia and BINGO (I/S)
14 National Dolphin Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart **Creative Writing** (C) Lunch Fun Facts About Dolphins (E) Science Experiment (S/E) Snack BINGO (S) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**15 World Art Day** Breakfast at Little Blue House Café (S) *Grey Matters with Laura* (P) Current Events (I) Hydration Cart Painting an Under the Sea Scene (C) Lunch Golf (P) BINGO (S) Snack Magazine Treasure Hunt (C/I) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P) **Red Hat Society with Nicole** (S)	**16 Mushroom Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology: Mushroom Coffee** (C) Lunch Cornhole (P) Poker (E/I) BINGO (S) Snack **Architecture Club** (C/E) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	**17 Bat Appreciation Day** Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Hydration Cart *Love on a Leash* (S) Lunch *Villa Musica: Music Bios* (S/C) Fun Facts About Bats & Bat Silhouette Chalk Art (C/S) BINGO (S) Snack Movie of Choice (E) Patio Rendezvous: Cornhole (P) An Afternoon at Lauire's Bistro (S/P)	**18 Easter Celebration** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and Word Games (I) Hydration Cart About Easter (E) Lunch *Patio Rendezvous: Easter Party* (S) Snack Happy Hour (S) Movie of Choice (E) Painting Easter Eggs (C) Water our Garden (P) **Floral Arrangements** (C)
21 Patriot's Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart About Patriot's Day (E) Lunch Patio Rendezvous: Axe Throwing (P) **Men's Club** (S) Snack **Creative Writ.** & *Art for All Ages* (C) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**22 Earth Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events (I) Hydration Cart *Tuesday School w/ Deacon Tay* (E) Lunch Golf (P) BINGO (S) Snack Table Games (S) Arts and Crafts (C) About Earth Day, BINGO, Trivia (E/S) An Afternoon at Lauire's Bistro (S/P)	**23 National Picnic Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch **Picnic in the LBH** (S) Cornhole (P) Poker (E/I) Snack **Architecture Club** (C/E) Movie of Choice (E) *HTA with Amal at Lauire's Bistro* (P)	**24 Pigs in a Blanket Day** Breakfast at Little Blue House Café (S) Seated Yoga and OT/PT (P) Current Events (I) Taste Test: Pigs in a Blanket (S) Hydration Cart *Helen Woodward PET Encounter* (S) Lunch Patio Rendezvous: Cornhole (P) **Dessert Design** (C) Snack **Participant Spotlight** (E) Puzzles (S) An Afternoon at Lauire's Bistro (S/P)	**25 World Penguin Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) Current Events and Word Games (I) Hydration Cart Fun Facts About Penguins (E/I) Lunch **April Birthday Celebration** Snack Penguin Craft (C) Movie of Choice (E) Happy Hour (S) Water our Garden (P) **Floral Arrangements** (C) *Relax by Breath with Ed* (E)
28 International Astronomy Day Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) The San Diego Union-Tribune (I) Hydration Cart **Creative Writing** (C) Lunch Patio Rendezvous: Axe Throwing (P) Astronomer Life (I/E) Snack BINGO (S) Movie of Choice (E) Music and Massage (S) **Garden Club** (S/P/C)	**29 Greenery Day** Breakfast at Little Blue House Café (S) *Grey Matters with Laura* (P) Current Events (I) Hydration Cart Watering/Planting Flowers in the Terracotta Pots (C) Lunch Golf (P) BINGO (S) Snack Magazine Treasure Hunt (C/I) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	**30 International Jazz Day** Breakfast at Little Blue House Café (S) Exercise & OT/PT (P) In the News! & Word Play (I) Hydration Cart **Mixology Club** (C) Lunch Cornhole (P) Poker & Choir: Jazz Songs (E/I/C) Musical BINGO (S) Snack **Architecture Club** (C/E) Movie of Choice (E) An Afternoon at Lauire's Bistro (S/P)	 	**Activities Subject to Change** BYGONE DAYS PRODUCTIONS

(S) = Social | (P) = Physical | (I) = Intellectual | (C) = Creative | (E) = Education

Birthdays!

April 12th: Lucille D.
April 13th: Rolly Fanton
April 18th: Dennis R.
April 27th: Cathy B.

LITTLE BLUE House 3686

3686 4th Avenue San Diego, CA 92103

Activity calendar sponsored by The Guardian Angel Program of San Diego County.

Special Events

Easter Celebration on Friday, April 18th

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