# April 2024 

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| 1 April Fools Day | 2 National PB\&J Day | 3 Fan Dance Day | 4 National Burrito Day | 5 School Library Day |
| Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> The San Diego Union-Tribune (I) <br> Hydration Cart <br> Comedy Hour (S/E) <br> Lunch <br> Seated Volleyball (P) <br> Participant Council Meeting (S) <br> Snack <br> Healing Baskets (C) <br> Movie of Choice (E) <br> Music and Massage (S) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise with Tina ( $\mathbf{P}$ ) <br> Current Events (I) <br> Hydration Cart <br> Armchair Travel of Choice (E) <br> Lunch <br> Cornhole (P) <br> PB\&J Oatmeal Cupcakes (C) <br> Snack <br> Table Games (S) <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Dance 101 (P) <br> In the News! (I) <br> Hydration Cart <br> About Fan Dance Day (E/S) <br> Lunch <br> Golf ( P ) <br> Poker (EII) <br> Fan Making (C) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Movie of Choice (E) <br> Outdoor Walk (P) | Breakfast at Little Blue House Café (S) <br> Seated Yoga and OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> Burrito Tasting (C/S) <br> Lunch <br> Shuffleboard ( P ) <br> Choir Rehearsal (C) <br> Patio Fun (S) <br> Snack <br> Movie of Choice (E) <br> Table Games (S) <br> Outdoor Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events and Word Games (I) <br> Hydration Cart <br> Book Club: Audio Book (E/I) <br> Lunch <br> Dice BINGO (S) <br> Patio Rendezvous (S) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Happy Hour (S) <br> Water our Garden (P) <br> Relax by Breath with Ed (E) |
| 8 Road Map Day | Q Zoo Lovers Day | 10 National Name Yourself Day | 11 Golfer's Day | 12 National Pet Day |
| Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> The San Diego Union-Tribune (I) <br> Hydration Cart <br> Life Map (E) <br> Lunch <br> Seated Volleyball (P) <br> The Price is Right (I/E) <br> Snack <br> Creative Writing: Letters (C) <br> Movie of Choice (E) <br> Music and Massage (S) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> Stories for Seniors with Walter (I) <br> Lunch <br> Bocce Ball (P) <br> Arts and Crafts (C) <br> Snack <br> Petting Zoo (S) <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Dance 101 (P) <br> In the News! (I) <br> Hydration Cart <br> What's My Name? (E/S) <br> Lunch <br> Golf (P) <br> Poker (E/I) <br> Musical Bios w/ VillaMusica (C) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Movie of Choice (E) <br> Outdoor Walk (P) | Breakfast at Little Blue House Café (S) <br> Seated Yoga and OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> About Golf (E) <br> Lunch <br> Golf Tournament (P) <br> Choir Rehearsal (C) <br> Patio Fun (S) <br> Snack <br> Movie of Choice (E) <br> Table Games (S) <br> Outdoor Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events and Word Games (I) <br> Hydration Cart <br> Guess Who: Pet Edition (E) <br> Lunch <br> Dice BINGO (S) <br> Patio Rendezvous (S) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Happy Hour (S) <br> Water our Garden (P) |
| 15 World Art Day | 16 Pajama Day | 17 National Haiku Day | 18 National Piñata Day | 19 National Poker Day |
| Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> The San Diego Union-Tribune (I) <br> Hydration Cart <br> Famous Artist Impressions (E/C) <br> Lunch <br> Horseshoe \& Ring Toss (P) <br> The Price is Right (IIE) <br> Snack <br> Arts \& Crafts (C) <br> Movie of Choice (E) <br> Music and Massage (S) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise with Tina ( $\mathbf{P}$ ) <br> Current Events (I) <br> Hydration Cart <br> Armchair Travel of Choice (E) <br> Lunch <br> Cornhole (P) <br> Pajama Party (S/C) <br> Snack <br> Table Games (S) <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Dance 101 (P) <br> In the News! (I) <br> Hydration Cart <br> Haikus (SIC) <br> Lunch <br> Golf (P) <br> Poker (EI) <br> Musical Bios w/ VillaMusica (C) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Movie of Choice (E) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Seated Yoga and OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> Love on a Leash (S) <br> Lunch <br> Shuffleboard (P) <br> Piñata Making (C) <br> Patio Fun (S) <br> Snack <br> Movie of Choice (E) <br> Table Games (S) <br> Outdoor Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events and Word Games (I) <br> Hydration Cart <br> About Poker (E) <br> Lunch <br> Dice BINGO (S) <br> Patio Rendezvous (S) <br> Snack <br> Poker Hour (I/E) <br> Movie of Choice (E) <br> Happy Hour (S) <br> Water our Garden (P) |
| 22 Earth Day | 23 World Laboratory Day | 24 Administrative Professionals Day | 25 National DNA Day | 26 National Pretzel Day |
| Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> The San Diego Union-Tribune (I) <br> Hydration Cart <br> California's Landscapes (I/E) <br> Lunch <br> Seated Volleyball (P) <br> Men's Club (S) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Music and Massage (S) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> Armchair Travel of Choice (E) <br> Lunch <br> Bocce Ball (P) <br> Science Experiments (E/C) <br> Snack <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> Arts and Crafts (C) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Dance 101 (P) <br> In the News! (I) <br> Hydration Cart <br> Admin Segment (S/E) <br> Lunch <br> Golf (P) <br> Poker (EI) <br> Musical Bios w/ VillaMusica (C) <br> Snack <br> Magazine Treasure Hunt (C/I) <br> Movie of Choice ( E ) <br> Red Hat Society with Paola (S) | Breakfast at Little Blue House Café (S) <br> Seated Yoga and OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> Trivia 101: The Human Body (E) <br> Lunch <br> Shuffleboard (P) <br> Patio Fun (S) <br> Choir Rehearsal (C) <br> Snack <br> Movie of Choice (E) <br> Table Games (S) <br> Outdoor Walk (P) <br> Helen Woodward PET Encounter (S | Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> Current Events and Word Games (I) <br> Hydration Cart <br> Sound Healing with TopKare (E) <br> Lunch <br> Dice BINGO (S) <br> Patio Rendezvous (S) <br> Snack <br> Pretzel Mandalas (C) <br> Movie of Choice (E) <br> Happy Hour (S) <br> Water our Garden (P) |
| 29 International Dance Day | 30 Tye Dye Day |  |  | Activities Subject to Change |
| Breakfast at Little Blue House Café (S) <br> Exercise \& OT/PT (P) <br> The San Diego Union-Tribune (I) <br> Hydration Cart <br> Culinary Class (CIS) <br> Lunch <br> Dance Performance By... (S) <br> The Price is Right (IIE) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Music and Massage (S) <br> Neighborhood Walk (P) | Breakfast at Little Blue House Café (S) <br> Exercise with Tina ( $\mathbf{P}$ ) <br> Current Events (I) <br> Hydration Cart <br> Armchair Travel of Choice (E) <br> Lunch <br> April Birthday Celebration <br> Tuesday School w/ Deacon Tay (E) <br> Snack <br> Tye Dye Craft (CIS) <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> Neighborhood Walk (P) |  |  |  |

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## Buthdays!

April Sth - Jeff B. April Sth - Bill S. Aprill lith - Juanita I. April l3th - Rolly F. April 13th- Sandy G.


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