

April 2026

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

6 Happy Easter Monday!

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
The San Diego Union-Tribune (I)
Hydration Cart
BINGO: Easter Edition (S)
Lunch
Easter Bunny Social Hour (S)
Patio Rendezvous (P)
Design Your Own Easter Bag (C)
Snack
Easter Celebration (S)
The History of Easter (E)
An Afternoon at Laura's Bistro (S/P)

7 Shoot, Score! Basketball Day

Breakfast at Little Blue House Café (S)
Seated Yoga & OT/PT (P)
Current Events (E/I)
Hydration Cart
Stories for Seniors with Walter (I)
Lunch
Trivia: Basketball Hall of Fame (I)
BINGO: Basketball Edition (S)
Basketball Kendama Craft (C)
Snack
Tuesday School - Deacon Taylor (E)
Silhouette Basketball Painting (C)
An Afternoon at Laura's Bistro (S/P)

8 Draw A Bird Day

Breakfast at Little Blue House Café (S)
Seated Zumba & OT/PT (P)
In the News! & Jeopardy (I/E)
Hydration Cart
Scavenger Hunt: Birds (S/P)
Make Your Own Bird (C)
Lunch
HTA: Dance with Amal & Lisa (P)
Trivia: Animals (I)
Snack
BINGO: California Birds Edition (S)
Magazine Hunt: Bird Theme (C)
An Afternoon at Laura's Bistro (S/P)

9 Magical Unicorn Day

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
Current Events (E/I)
Hydration Cart
Coffee & Tea Time Social (S)
Relax by Breath with Ed (E)
BINGO: Stories/Novels Edition (S)
Lunch
Decorate Unicorn Headbands (C)
Piano Concert with Glenn (S)
Mixology 101 (C)
Snack
An Afternoon at Laura's Bistro (S/P)

10 Farm Animal Day

Breakfast at Little Blue House Café (S)
Seated Yoga with Erin & OT/PT (P)
Current Events & Poker Hour (E/I)
Hydration Cart
MusicWorx (S)
Lunch
Relax by Breath with Ed (E)
Floral Arrangements (C)
Snack
Shadow Box Farm (C)
Patio Rendezvous: Golf (P)
Serenity Singers (S)
An Afternoon at Laura's Bistro (S/P)

13 International Plant Day

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
In the News! & Word Play (I)
Hydration Cart
BINGO: Flowers Edition (S)
Potted Jewelry Plant Craft (C)
Lunch
Trivia: Native California Plants (I)
Sprout Society (S/P/C)
Snack
Musical Biographies (S)
All About Plants (E)
An Afternoon at Laura's Bistro (S/P)

14 National Dolphin Day

Breakfast at Little Blue House Café (S)
Seated Yoga and OT/PT (P)
Current Events & Poker Hour (E/I)
Hydration Cart
Participant Council (S)
Role of the Dolphin (E)
Lunch
Silhouette Dolphin Painting (C)
BINGO: Sea Animals Edition (S)
Snack
Trivia: Sea Animals (I)
Movie: Dolphin Tale (E)
An Afternoon at Laura's Bistro (S/P)

15 World Art Day

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
The San Diego Union-Tribune (I)
Hydration Cart
Coffee & Tea Time Social (S)
Trivia: Who Made That Painting? (I)
Lunch
Exercise with Laura (P)
Art Impressions (C)
Snack
Hearts in Art Club (C)
History of Leonardo Da Vinci (E)
An Afternoon at Laura's Bistro (S/P)

16 Working In Pajamas Day

Breakfast at Little Blue House Café (S)
Seated Zumba & OT/PT (P)
Current Events (E/I)
Hydration Cart
Love on a Leash (S)
Lunch
Craft Your Own Eye Mask (C)
BINGO: (S)
Relax by Breath with Ed (E)
Snack
WoodCraft Club (C)
Importance of Pajamas (E)
An Afternoon at Laura's Bistro (S/P)

17 Holland Flower Day

Breakfast at Little Blue House Café (S)
Seated Yoga with Erin & OT/PT (P)
Current Events and Word Games (I)
Hydration Cart
Relax by Breath with Ed (E)
Lunch
DIY Floral Float (C)
BINGO: Tulip Edition (S)
Snack
Helen Woodward PET Encounter (S)
Floral Arrangements (C)
Why Do Dutch Love Tulips (E)
An Afternoon at Laura's Bistro (S/P)

20 We Love You Earth

Breakfast at Little Blue House Café (S)
Seated Yoga & OT/PT (P)
The San Diego Union-Tribune (I)
Hydration Cart
Hand Painting Earth Craft (C)
Lunch
Patio Rendezvous: Cornhole (P)
Activity Bundle: Earth Edition (I)
BINGO: Outer-Space Edition (S)
Snack
Science Seekers (C/E)
Musical Biographies (S)
An Afternoon at Laura's Bistro (S/P)

21 Drink Some Tea Tuesday

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
Current Events (E/I)
Hydration Cart
Red Hat Society w/ Shayla (S)
Lunch
Watercolor w/ Tea Art (C)
Patio Rendezvous: Golf (P)
Snack
Taste N' Tell: Types of Teas (S)
Tuesday School - Deacon Taylor (E)
Tea All Around the World (E)
An Afternoon at Laura's Bistro (S/P)

22 Adventure to Vietnam Wednesday

Breakfast at Little Blue House Café (S)
Seated Zumba & OT/PT (P)
In the News! & Word Play (I)
Hydration Cart
Travel To Vietnam w/ Shayla (S)
Paper Lanterns Craft (C)
Lunch
Jeopardy: 1960's Edition (I)
HTA: Dance with Amal & Lisa (P)
Snack
Vietnam Postcard Exchange (S)
Learning The Vietnamese Lang. (E)
An Afternoon at Laura's Bistro (S/P)

23 Bookworm Day

Breakfast at Little Blue House Café (S)
Seated Yoga and OT/PT (P)
Current Events (E/I)
BINGO: Stories/Novels Edition (S)
Inkspire (C)
Hydration Cart
Helen Woodward PET Encounter (S)
Lunch
Book Making Craft (C)
Snack
Relax by Breath with Ed (E)
Trivia: Famous Quotes From Books (I)
An Afternoon at Laura's Bistro (S/P)

24 Soda Fountain Day

Breakfast at Little Blue House Café (S)
Seated Exercise with Erin & OT/PT (P)
Current Events and Word Games (I)
Hydration Cart
BINGO: Soda Edition (S)
3D Paper Craft (C)
Lunch
Mixology 101 (C)
Jeopardy: Soda Brands Edition (I)
Snack
Floral Arrangements (C)
Relax by Breath with Ed (E)
An Afternoon at Laura's Bistro (S/P)

27 National Babe Ruth Day

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
The San Diego Union-Tribune (I)
Hydration Cart
Bros & Brews Social (S)
Jeopardy: Baseball Edition (I)
Poker/Go Fish (E/I)
Silhouette Baseball Painting (C)
Snack
Magazine Hunt: Baseball Theme (C)
Musical Biographies (S)
Mini Biography of Babe Ruth (E)
An Afternoon at Laura's Bistro (S/P)

28 Save The Frogs Day

Breakfast at Little Blue House Café (S)
Seated Yoga and OT/PT (P)
In the News! & Word Play (I)
Hydration Cart
BINGO: Animal Edition (S)
3D Paper Frog Jumping Craft (C)
Lunch
Life of Frogs and Their Ecosystem (E)
Activity Bundle: Frogs Edition (I)
Snack
Movie: The Muppets (E)
Caring Crew Club (S)
An Afternoon at Laura's Bistro (S/P)

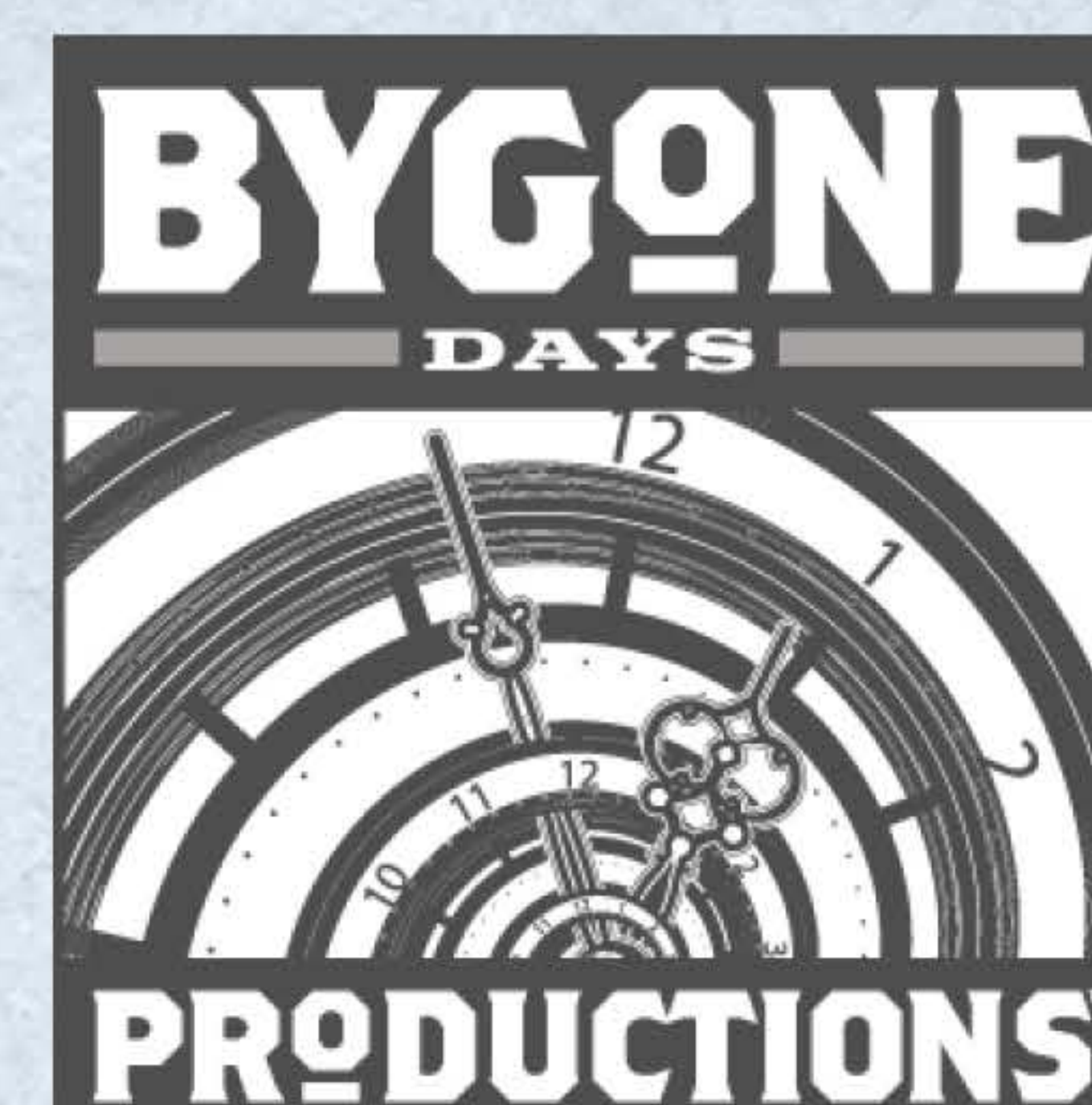
29 World Submarine Day

Breakfast at Little Blue House Café (S)
Seated Zumba & OT/PT (P)
Current Events & Poker Hour (E/I)
Hydration Cart
Participant Council (S)
How Are Submarines Made? (E)
Lunch
Silhouette Submarine Painting (C)
BINGO: Ocean Edition (S)
Snack
Activity Bundle: Submarine Life (I)
History of the First Submarine (E)
An Afternoon at Laura's Bistro (S/P)

30 Mr & Mrs. Potato Head

Breakfast at Little Blue House Café (S)
Seated Exercise & OT/PT (P)
Current Events (E/I)
Hydration Cart
Coffee & Tea Time Social (S)
Relax by Breath with Ed (E)
Lunch
Build Your Potato Head (C)
Jeopardy: 1950's Edition (I)
Snack
The First Toy Advertised On TV (E)
BINGO: Vintage Toy Edition (S)
An Afternoon at Laura's Bistro (S/P)

Activities Subject to Change



(S) = Social | (P) = Physical | (I) = Intellectual | (C) = Creative | (E) = Education

Birthdays!

Sunday, April 5th: Eula C.
Sunday, April 12th: Lucille D.
Monday, April 13th: Rolly F.
Monday, April 27th: Cathy B.



3686 4th Avenue San Diego, CA 92103

Special Events

Monday, April 6th: Easter Party!

