May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Activities Subject to Change 10:30 Morning Yoga with Kristin 11: 1:3 2:3 3:3 4:3 10: 11: 1:3 2:3 3:3 4:3 3:30 Trivia	10:30 Morning Yoga with Kristin 11:30 N 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 10:30 M 11:30 N 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 3:30 Tr	10:30 Morning Yoga with Kristin 11:30 N 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 10:30 M 11:30 N 1:30 Ri 2:30 Af 3:30 Tr 4:30 Se 3:30 Tr	**1 May Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events & May Day Trivia (I/E) Hydration Cart May Day Crown (C) Lunch Table Roll (P) **Participant Council** (I) Snack Movie of Choice (E) May Day Rhyme Time (I/C) **Healing Baskets** (E/C) Outdoor Walk (P)	**2 Space Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events & S.W. Matching (I/E) Hydration Cart Star Wars Puns (S) Lunch Star Wars Balloon Volleyball (P) **Culinary Class** (C/S) BINGO (S) Snack Famous Astronomers (E/I) Water our Garden (P) **Book Club/Short Stories: Book Review** (I)
5 Cinco de Mayo Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart **Cr. Writ.: Battle of Puebla Mining** (C) Lunch Mexican Hat Dance (P/S/C) **Mixology** (S) Snack Movie of Choice (E) Cinco de Mayo Matching (I/E) Music and Massage (S) Outdoor Walk (P)	**6 National Teacher's Day** Breakfast at Glenner's (S) Chair Yoga (P) Current Events (I) **Floral Arrangements** (C) "Apple of My Eye" (C) Lunch Table Roll (P) Magazine Treasure Hunt (C/I) Snack Arts and Crafts (C) **Garden Club** (S/E) Movie of Choice (E) BINGO (S) Outdoor Walk (P)	**7 Tourism Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) **Participant Spotlight: Bill Samuel** (E) "Take Your Best Shot" (I) Lunch Golf (P) **Travel Club: Mexico** (S/E) Table Games (I/E) Snack **Architecture Club** (C/E) Charades (S/C) Outdoor Walk (P) **Woodworking Club** (C/S/E)	**8 No Socks Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart "No 'Socks,' No Service!" (I/S) Lunch Tabletop Curling Game (P) Arts and Crafts (C) Snack BINGO (S) Movie of Choice (E) SPA and Relaxation (S) Outdoor Walk (P)	**9 Military Spouses Day** Breakfast at Glenner's (S) Fitness Club (P) Best Mother Ever Word Mining (C) Hydration Cart *Stories for Seniors with Walter* (I) Lunch Bowling (P) **Dessert Design** (C) Arts and Crafts (C) Snack Poker/UNO (E/I) Mothers to Remember (I) Moms Over the Years (S) Water our Garden (P)
12 International Nurses Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Florance Nightingale Word Search (I) Lunch Cornhole (P) Arts and Crafts (C) Snack Nurse Match-Up (E/I) **Creative Writing** (C) UNO (S) Outdoor Walk (P)	**13 International Hummus Day** Breakfast at Glenner's (S) Scarf Dance & OT/PT (P) Current Events (I/S) Hydration Cart **Floral Arrangements** (C) **Red Hat Society:** Hummus Tasting (S) Lunch Table Roll (P) Greece Match-Up (E) Snack Movie of Choice (E) BINGO (S) Outdoor Walk (P)	**14 National Buttermilk Biscuit Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) **Science Club** "Buttermilk Biscuits" Word Mining (I) Lunch Golf (P) Karaoke (C/S) **Architecture Club** (C/E) Snack (Buttermilk Biscuits) Movie of Choice (E) Charades (S) Outdoor Walk (P)	**15 National Chocolate Chip Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Chocolate Chip Chatter (E/S) Lunch Tabletop Curling Game (P) Singalong (S/C) Snack BINGO (S) Movie of Choice (E) SPA and Relaxation (S) Outdoor Walk (P)	**16 National Endangered Species Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events & Endangered Animals Word Search & Prep. Pandas (I/E/C) Hydration Cart Lunch *Piano with Vincent* (P/S) Family Feud (S) Seated Volleyball (P) Snack **Culinary Class** (C) Poker/UNO (E/I) Movie of Choice (E) Water our Garden (P)
19 World Plant a Veg. Garden Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart **Creative Writing** (C) Lunch Cornhole (P) **Men's Club** (S) Snack Movie of Choice (E) Music and Massage (S) UNO (S) Outdoor Walk & Planting Party (C/I/P)	**20 Amelia Earhart Day** Breakfast at Glenner's (S) Chair Yoga (P) Current Events (I) **Floral Arrangements** (C) Amelia Earhart Erudition (E) Lunch *Piano with Nina* (S) **Chef Demo: Program Aide** (S/C) Snack Arts and Crafts (C) Musical Balloon (P) "Up in the Air" (I) BINGO (S) Outdoor Walk (P)	**21 Nat'l Waiters and Waitresses Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart "Servers Spread" (C/S) Lunch Golf (P) Karaoke (C/S) Table Games (I/E) Snack Subsidiaries **Architecture Club** (C/E) Charades (S/C) Outdoor Walk (P)	**22 National Maritime Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Maritime Morsels (S) Lunch *Helen Woodward PET Therapy* (E/S) Arts and Crafts (C) BINGO (S) Snack Not-So-Smooth Sailing (E/I) Movie of Choice (E) Outdoor Walk (P)	**23 World Turtle Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events (I) Hydration Cart Lunch Bowling (P) Paint a Turtle (C) Snack Aromatherapy (S) **Dessert Design** (C) Poker/UNO (E/I) Movie of Choice (E) Water our Garden (P)
26 Memorial Day 10:30 Morning Yoga with Kristin 11:30 News/Cooking Class 1:30 Ring Toss 2 3 4 1 1 2 3 4:30 Seated Kick Ball 3:30 Trivia	**27 Sunscreen Day** Breakfast at Glenner's (S) Scarf Dance & OT/PT (P) Current Events (I) Hydration Cart **Floral Arrangements** (C) Lunch Table Roll (P) Sunscreen Sample and Sun Safety (E) Snack Movie of Choice (E) Arts and Crafts (C) Outdoor Walk (P)	**28 World Otter Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart Unearth Otters (E) Lunch Golf (P) Karaoke & Otter Ogling (C/S) **Architecture Club** (C/E) Snack Movie of Choice (E) Charades (S) Outdoor Walk (P)	**29 Learn About Composting Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Anagrams (C) What is Composting? (E) Lunch Tabletop Curling Game (P) Singalong (S/C) Snack BINGO (S) Movie of Choice (E) SPA and Relaxation (S) Outdoor Walk (P)	**30 Water a Flower Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events & Daily Gratitude (C/I) Hydration Cart Lunch: **May Birthday Celebration** Bowling (P) Family Feud (S) Aromatherapy (S) Snack **Culinary Class** (C) Poker/UNO (E/I) Movie of Choice (E) Water our Garden (P)

Birthdays!

May 1st: Sherry S.
May 7th: Robert V.
May 19th: Voni C.(Employee)
May 25th: Tom P.
May 28th: Bob C.
May 31st: Gretel B.

(S) = Social | (P) = Physical | (I) = Intellectual
(C) = Creative | (E) = Education

GEORGE G. GLENNER
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Special Events

Monday, May 5th: Cinco de Mayo

Friday, May 9th: Mother's Day Celebration