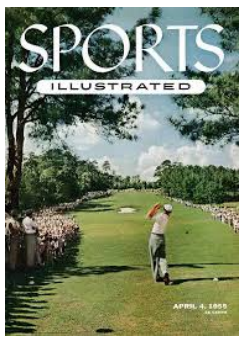
April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Morning Yoga with Kristin 11:30 1:30 2:30 3:30 4:30 10:30 11:30 1:30 2:30 3:30 4:30 3:30 Trivia 	10:30 Morning Yoga with Kristin 11:30 1:30 F 2:30 A 3:30 T 4:30 S 10:30 11:30 1:30 F 2:30 A 3:30 T 4:30 S 3:30 T 	**01 April Fool's Day** Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) Fact or Foolery (E) Collage Detective:**Fooling Around**S/I) Lunch Tabletop Curling Game (P) Charades (S/C) Minute to Win It (I/E) Snack **Bunny Funnies** (S/E) Table Games (I/E) **Paddington** (2015) (S/I/C)	**02 Lady Liberty Day** Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart **STATUE OF LIBERTY Puzzle** (I/S) Lunch Nerf Gun Shoot Out (P) French Sculptor: Frédéric (I/E) ***Piano w/ Vincent, 1:00pm*** (S/C) BINGO (S) What Am I? Statue of Liberty (S/I) Outdoor Walk (P) Passover Continues (S/I/C)	**03 Easter Friday** Breakfast at Glenner's (S) News (E/I) Fitness Club (P) Hydration Cart Evolution of the Easter Bunny(S/I) Lunch **Basket Toss** (P) What Am I? Slideshow (S/C) ***Music w/ Sonny, 1:15pm*** (S/C) Snack Easter Match (E/I) Skipping through Spring Quiz (E/I) Egg Basket Catch (P) **Time Collage Detective** (S/I)
06 Tartan Day (Scotland) Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P/C) Hydration Cart Did You Know...? (I/E) Lunch Cornhole (P) Scotland Trivia (I/E) Snack BINGO(I/E) Coca-Cola Has Their Own?! (I/S) Outdoor Walk (P) Movie: Disney's **"Brave"** (S/I)	**07 International Beaver Day** Breakfast at Glenner's (S) Current Events (I) Chair Yoga (P) **Bible Study w/ Deacon Taylor** (I/E) Lunch Bowling (P) **Travel Club w/ M**argo (S/E) Beavers Good For Environment? (I/E) Snack (S/C) **What Else Are They Good For** (I/E/S) A-Mazing Busy Beaver (I/E/S) Table Games, Uno!/Poker (I/S) Short Story: Leave It To Beaver (I/E) Outdoor Walk (P)	**08 Int'l DAB (Draw A Bird) Day** Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) 1940's UK (I/E) Birds Drawn By People (I/E/S) Lunch Table Roll (P) Charades (S/C) **Indigenous Birds** (E) Snack Easy Flamingo (S/C) **Backyard Birds** (C/S/E) Table Games (I/E)	**09 Master's Tournament Begins** Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Anytime is Tee Time (I/S) Lunch **Golf** (P/I/C) **Golf & Tournament Trivia** (I/E) Golf Course Mining Puzzle (S/I/E) BINGO (S) **What Am I?** (S/C) Outdoor Walk (P) Movie:The Greatest Game Ever Play'd	**10 National Siblings Day** Breakfast at Glenner's (S) News (E/I) Fitness Club (P) Hydration Cart ***Stories with Walter, 11:30am*** (I) Lunch Basket Toss Game (P/C) Personality Traits (I/E) Mars Rovers (I/E) Famous Siblings (I/E) Snack Poker/UNO (E/I) Mixed Up Landmarks of the World (I/E) The Parent Trap (1998) (S/I/E)
13 Tap, Tap, Tap Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Tap Dancing Health Benefits (I/E) Lunch Cornhole (P/I/C) ***Music w/ Iris Mone, 1:00pm*** (I/C) Snack (S) Tapping Through Time (S/I) **William Henry Lane-1840** (I/E) BINGO (S) Outdoor Walk (P)	**14 First Dictionary Day** Breakfast at Glenner's (S) Current Events (I/S) Scarf Dance & OT/PT (P) Hydration Cart **1828- Noah Webster** (I/E) Lunch **Bowling** (P/I/C) Tuesday Travel with Margo (I/E) Uncommon Words (I/E) Merriam-Webster Online (S) Snack (S/C) UNO! (S) Movie: Akeelah and the Bee (S/I/E)	**15 Read A Road Atlas Day** Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) **Road Trip Detective** (I/E) Remembering Rand McNally (S/I/E) Lunch Golf (P) Lost Art of Reading a Road Map (S/C) **Architecture Club: Maps** (C/E) Snack Charades (S/I) Outdoor Walk (P) **History of Map Making** (I/S)	**16 Wear Your Pajamas to Work Day** Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart **Blue Haven Pancakes** (I/E) Lunch Table Roll (P/I/C) PJ's & Slippers Maze (I/E/S) Snack BINGO (S/I) History of Pajamas (I/E/S) ***Music with Zack David, 2:00*** (S/C) Movie : Documentary (S/I/E)	**17 Herbal Remedies Day** Breakfast at Glenner's (S) Current Events (I) Fitness Club (P) Hydration Cart Herbal Remedies (S/I/E) Lunch Basket Toss (P) Family Feud (S) Snack Spring Songs Singalong (S) Poker/UNO (E/I) Water our Garden (P) HERBS Categories Puzzle (S/I/C)
20 Marathon Monday Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P) Hydration Cart **Spot the Difference** (I/C) **Boston Marathon 1897** (S/I/E) Basket Toss (P) Boston Pops Orchestra (I/E) Snack BINGO(S/I) Running A Marathon Word Fit (S/I/E) Table Talk Tidbits (I/E) Movie: Milo & Otis (I/E/S)	**21 Heads Or Tails Day (Coins)** Breakfast at Glenner's (S) Current Events (I) Morning Exercise & Weights (P) **Coin Collecting Month** (I/E) Lunch Table Roll (P/C) Tuesday Travel with Margo (I/E) $200-million-coin-collection (I/E) Snack ***Coins IQ*** (I/E) UNO! (S) Outdoor Walk (P) Pawn Stars Top 20 Rare & Pricey(S/E)	**22 Earth Day** Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) Celebrating Earth Day (S/I/E) Lunch Golf (P) April Showers Mining (S/C) ***Helen Woodward PET Therapy***(S/I/E) Snack Charades (S) Outdoor Walk (P) **HMS Beagle & More Beagles** (S/I/E) **Happy BDay Jack Nicholson** (S/I/E)	**23 America's Li'l Sweetheart's Day** Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart **Shirley Temple Revue** (I/E) Lunch Cornhole (P) **Movie Theater Day 1896** Tapping Through Time (S/I/E) Snack BINGO (S/I) Paper Doll (S/I/C) **Shirley Temples** (S) Movie: **Bright Eyes,** [G], (1934) (S/I)	**24 Arbor Day** Breakfast at Glenner's (S) Current Events (I) Fitness Club (P) Hydration Cart Tree-mendously Mixed Up (I/E/S) Lunch Basket Toss (P) ***Music with Glenn, 1:00*** (S/C) Snack Matching Arbor Day Clues (S/I/C) Poker/UNO (E/I) Water our Garden (P) Looking Up At The Trees (C) **Trees & Their Folklore** (S/I/C)
27 World Tapir Day & Babe Ruth Day Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P) Hydration Cart **Tapir Craft** (I/C) **Bendable Friendship Bracelet** (S/C) Basket Toss (P) Baseball Trivia (I/E) Snack BINGO (S/I) DIY Babe Ruth Bars (S/I/C) Baseball Home Run Puzzle (I/E) Movie:Rookie of the Year (1993)(I/E/S)	**28 Save the Frogs Day** Breakfast at Glenner's (S) Current Events (I) Morning Exercise & Weights (P) **Amphibian Education** (I/E) Lunch Table Roll (P/C) Tuesday Travel with Margo (I/E) I Like Frogs Word Search (I/E) Snack *Superhero IQ* (I/E) UNO! (S) Outdoor Walk (P) Who Am I?Batman: Superhero DayS/E	**29 International Dance Day** Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) The Evolution of Dance (E) Types of Dance Word Match (S/) Lunch Tabletop Curling Game (P) Charades (S/C) Minute to Win It (I/E) Snack **Bill Bojangles & Others** (S/E) Table Games (I/E) Singin' In the Rain (1952) (S/I/C)	**30 National Tabby (Cat) Day** Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart **Four primary Patterns** (I/S) Lunch Nerf Gun Shoot Out (P) Cool Cats (I/E) **"A Taxing Situation"** (S/C) BINGO (S) Faithfulness MINING (S/C) Outdoor Walk (P) True-or-False IHO Honesty **Day** (S/I)	

Birthdays!

April 1: David H.
April 9: Reinaldo A.
April 22: Julie R.
April 22: Frank D.
April 23: Edith "Mopsy"

(S) = Social | (P) = Physical | (I) = Intellectual
(C) = Creative | (E) = Education

GEORGE G. GLENNER
ALZHEIMER'S FAMILY CENTERS, INC.®

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Special Events

Piano with Vincent: Thursday, April 2@ 1:00
Easter Party: Friday, April 3 @ 1:00
Iris Mone in Concert: Monday, April 13 @ 1:00
Music w/ Zack David: Thursday, April 16 @ 2:00
Helen Woodward PET Therapy: Wednesday,April 22@ 1:30
Music with Glenn: Friday, April 24 @ 1:00