April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Morning Yoga with Kristin 11:30 1:30 R 2:30 A 3:30 T 4:30 S 10:30 tin 11:30 1:30 R 2:30 A 3:30 T 4:30 S 3:30 Trivia 	**1 April Fool's Day** Breakfast at Glenner's (S) Scarf Dance & OT/PT (P) Current Events & Fact or Foolery (I) Hydration Cart **Floral Arrangements** (C) Lunch Table Roll (P) **Participant Council** (I) Snack Movie of Choice (E) Practical Jokes Word Mining (C) **Healing Baskets** (E/C) Outdoor Walk (P)	**2 National Walking Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart **Travel Club: Israel** (S/E) Lunch Golf (P) "Walking" Singalong (C/S) Science Experiments (I/E) Snack **Architecture Club** (C/E) Charades (S/C) Outdoor Walk (P)	**3 National Burrito Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Word Match (I) Lunch Tabletop Curling Game (P) Mini-Burrito Tasting (S) Snack Movie of Choice (E) SPA and Relaxation (S) Arts and Crafts (C) Outdoor Walk (P)	**4 School Librarian Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events (I) Hydration Cart School Librarian Job Description (E/S) Lunch Seated Volleyball (P) **Culinary Class** (C/S) BINGO (S) Snack Movie of Choice (E) Water our Garden (P) **Book Club/Short Stories: Book Review** (I)
7 International Beaver Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart **Creative Writing** (C) Lunch Cornhole (P) **Mixology** (S) Snack Movie of Choice (E) Beaver Beliefs (I/E) Music and Massage (S) Outdoor Walk (P)	**8 Draw a Picture of a Bird Day** Breakfast at Glenner's (S) Chair Yoga (P) Current Events (I) **Floral Arrangements** (C) Bird Drawings by Others (E) Lunch Table Roll (P) Magazine Treasure Hunt (C/I) Snack Bird Doodles (C) **Garden Club** (S/E) Movie of Choice (E) BINGO (S) Outdoor Walk (P)	**9 Winston Churchill Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) **Science Club** (E) Churchill Chapter & Verse (E/C) Lunch Golf (P) Karaoke (C/S) Table Games (I/E) Snack **Architecture Club** (C/E) Charades (S/C) Outdoor Walk (P) **Woodworking Club** (C/S/E)	**10 National Farm Animals Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart About Farm Animals (E) Lunch Tabletop Curling Game (P) Animals Sing-Along (C) Snack BINGO (S) Movie of Choice (E) SPA and Relaxation (S) Outdoor Walk (P)	**11 National Pet Day** Breakfast at Glenner's (S) Fitness Club (P) Trivia (I/S) Hydration Cart ***Stories for Seniors with Walter*** (I) Lunch Bowling (P) **Dessert Design** (C) Arts and Crafts (C) Snack Poker/UNO (E/I) Movie of Choice (E) Aromatherapy (S) Water our Garden (P)
14 National Dolphin Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Dolphin Doozies (E/I) Lunch Cornhole (P) Arts and Crafts (C) Snack Movie of Choice (E) **Creative Writing** (C) UNO (S) Outdoor Walk (P)	**15 World Art Day** Breakfast at Glenner's (S) Scarf Dance & OT/PT (P) Current Events (I/S) Hydration Cart **Floral Arrangements** (C) **Red Hat Society** (S) Lunch ***Piano with Nina*** (S) Artists Expression (C) Snack Movie of Choice (E) BINGO (S) Outdoor Walk (P)	**16 Mushroom Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart Mushroom Coffee Tasting (S/C/E) Lunch Golf (P) Karaoke (C/S) **Architecture Club** (C/E) Snack Movie of Choice (E) Charades (S) Outdoor Walk (P)	**17 International Haiku Poetry Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Perfect Poetry Word Match-Up (I) Lunch Tabletop Curling Game (P) Singalong (S/C) Snack BINGO (S) Movie of Choice (E) SPA and Relaxation (S) Outdoor Walk (P)	**18 Easter Celebration** Breakfast at Glenner's (S) Fitness Club (P) Current Events (I) Hydration Cart Lunch ***Easter Bonnet Parade and Piano with Vincent*** (P/S) Family Feud (S) Seated Volleyball (P) Snack **Culinary Class** & Makin' Baskets (C) Poker/UNO (E/I) Movie of Choice (E) Water our Garden (P)
21 Patriot's Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart **Creative Writing** (C) Lunch Cornhole (P) **Men's Club** (S) Snack Movie of Choice (E) Music and Massage (S) UNO (S) Outdoor Walk (P)	**22 Earth Day** Breakfast at Glenner's (S) Chair Yoga (P) Current Events (I) **Floral Arrangements** (C) Save the Earth Scramble (I) Lunch Table Roll (P) **Chef Demo: Program Aide** (S/C) Snack Arts and Crafts (C) Musical Balloon (P) Movie of Choice & Earth Day WM (E) BINGO (S) Outdoor Walk (P)	**23 National Picnic Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart Picnic (S) Lunch Music with Zack (P/S) Karaoke (C/S) Table Games (I/E) Snack **Architecture Club** (C/E) Charades (S/C) Outdoor Walk (P)	**24 Pigs in a Blanket Day** Breakfast at Glenner's (S) Sit and Stretch (P) Current Events (I) Hydration Cart Pigs Party (S) Lunch ***Helen Woodward PET Therapy*** (E/S) Arts and Crafts (C) BINGO (S) Snack **Participant Spotlight** (E) Movie of Choice (E) Outdoor Walk (P)	**25 World Penguin Day** Breakfast at Glenner's (S) Fitness Club (P) Current Events (I) Hydration Cart Lunch Bowling (P) **April Birthday Celebration and Penguin Party** Snack Aromatherapy (S) **Dessert Design** (C) Poker/UNO (E/I) Movie of Choice (E) Water our Garden (P)
28 International Astronomy Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart **Creative Writing** (C) Lunch Cornhole (P) About Astronomy (E) Snack Movie of Choice (E) Table Games (S/E) Music and Massage (S) Outdoor Walk (P)	**29 Greenery Day** Breakfast at Glenner's (S) Scarf Dance & OT/PT (P) Current Events (I) Hydration Cart **Floral Arrangements** (C) Lunch Table Roll (P) Green Day and Green Gazing (S) Snack Movie of Choice (E) Arts and Crafts (C) Outdoor Walk (P)	**30 International Jazz Day** Breakfast at Glenner's (S) Exercise & OT/PT (P) In the News! (I) Hydration Cart About Jazz (E) Lunch ***Jazz Concert with Glenn*** (S) Karaoke (C/S) **Architecture Club** (C/E) Snack Movie of Choice (E) Charades (S) Outdoor Walk (P)	 	**Activities Subject to Change** BYGONE DAYS PRODUCTIONS

Birthdays!

April 1st: Nancy L., April 5th: Mary G., Employee
April 10th: Desiree D., April 20th: Fran M.
April 22nd: Frank D. April 23rd: Mopsy M.
April 29th: Bertha P.

(S) = Social | (P) = Physical | (I) = Intellectual
(C) = Creative | (E) = Education

GEORGE G. GLENNER
ALZHEIMER'S FAMILY CENTERS, INC.®

ENCINITAS CENTER
335 Saxony Rd. | Encinitas, CA 92024

© George G. Glenner Alzheimer's Family Centers, Inc.®, 2019

GEORGE G. GLENNER ALZHEIMER'S FAMILY CENTERS, INC.®
IS A 501(C)(3) NON-PROFIT ORGANIZATION.

Special Events

Friday, April 18th Easter Celebration