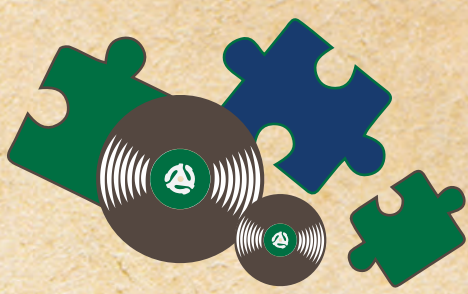


October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Morning Yoga with Kristin 11:30  1:30 2:30 3:30 4:30 10:30 11:30 1:30 2:30 3:30 4:30 3:30 Trivia	10:30 Morning Yoga with Kristin 11:30  1:30 2:30 3:30 4:30 10:30 11:30 1:30 2:30 3:30 4:30 3:30 Trivia	10:30 Morning Yoga with Kristin 11:30  1:30 2:30 3:30 4:30 10:30 11:30 1:30 2:30 3:30 4:30 3:30 Trivia	1 Yosemite Nat'l Park Anniversary Breakfast at Glenner's (S) Current Events (I) Exercise & Stretching (P) Hydration Cart Yosemite Nat'l Park Facts & Trivia (I/S) Lunch Music with Vincent (S/I) Cornhole (P) Yosemite's LIVE Webcam (E) Rascally Raccoons (S/I) Snack Charades (S/C) MOVIE: "Valley Uprising" (Doc) (I/E)	2 Peanuts Day (the Comic Strip) Breakfast @ Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Peanuts Character Trivia (S/I) Lunch Basket Toss(P/I/E) 10 Joyous Peanuts Quotes (S) Singalong (S/C) BINGO (S/I) Farm Stand Snack (S) What's the Difference (I/E) Outdoor Walk (P)
5 World Space Week Begins Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Pictures of Pluto (I/E) Lunch Table Roll (P) SPACE Categories Puzzle (S/I) How Many Satellites? (I/E) Snack (S) BINGO (S/I) History of Space Exploration (I/E) Outdoor Walk (P)	6 That's Italian Tuesday Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P) Hydration Cart Italian Dinner Detective (S/I) Lunch Cornhole (P) Pasta Carbonara Mining (I/C) Snack 50+ Facts About Italy (I/E) Celebrating Italy Search & Solve (I/S) Charades (I/E) Movie: Under the Tuscan Sun (I/E)	7 Operation Breakthrough Annvrs'y Breakfast at Glenner's (S) Current Events (I) Chair Yoga (P) Whale of a Word Search (I) Collage Detective (S/I/E) Lunch Golf (P) Whale Categories Puzzle (S/E) Snack (S/C) 10 Wonderful Whale Facts (I/E/S) What Am I? (S/C) Table Games, Uno!/Poker (I/S) Movie: Big Miracle (2012) (I/E) Outdoor Walk (P)	8 Washington Monument Annvrs'ry Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) Participant Spotlight (E) National Park Service Game (S/I/E) Lunch Tabletop Curling Game (P) Charades (S/C) 1888 Trivia (I/E) Snack German Heritage Mining (C/S/E) Table Games (I/E) President George Washington (I/E/S)	9 John Lennon Day Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Stories with Walter (S/I) Lunch Music with Sonny (S/I) Football Toss (P) List of Beatles Songs (I/E) Snack BINGO (S) The Beatles Word Match (S/C) Movie: "The Beatles"(I/E/S)
12 Submarine-iversary Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart U.S. Navy History (I/E) Lunch Table Roll (P) Funny Navy Jokes (S/I) Yellow Submarine (S/I/E) Snack (S) Colorful Pumpkins (C) History of Columbus Day (I/E) Outdoor Walk (P)	13 American Bandstand Day Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P) Hydration Cart Music Collage Detective (S/I) Lunch Cornhole (P) Who Is Dick Clark (S/I/E) Snack About American Bandstand (I/E) Search & Solve (I/S) Charades (I/E) Movie: YouTube 1952 (I/E)	14 Polish Party Day Breakfast at Glenner's (S) Current Events (I/S) Daily Exercise OT/PT (P) Hydration Cart More About Poland Word Mining (I/E) Lunch Nerf Gun Shootout (P) Travel to Poland (I/E) Polish Polka (I/E) Famous Polish Americans (S) Snack (C/S) UNO! (S) Outdoor Walk (P) Movie of Choice (E)	15 I Love Lucy Anniversary Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Lucille Ball Who Am I? (I/E) Lunch Football Toss (P) Music with Zack David (I/C) Snack BINGO(I/S) I Love Lucy Antics (I/E/S) Outdoor Walk (P) Movie : I Love Lucy (I)	16 Fall Harvest Day! Breakfast at Glenner's (S) Current Events (I) Fitness Club (P) Hydration Cart Fall Collage Detective (S/I/E) Lunch Basket Toss (P) Family Feud (S) Snack Spelling Fall Harvest (S/I/E) Poker/UNO (E/I) Water our Garden (P) Martha Stewart Best Fall Tips (C) Movie: When Harry Met Sally (S/I)
19 A Batty Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Collage Detective (S/I/E) Lunch Table Roll (P) Bat Species Vatiety (S/I/E) Clothespin Bats (C) Snack (S) Batty Treat Holders (C) Why Bats are Bat-tast-ic (I/E) Outdoor Walk (P)	20 "Monster Mash" Day Breakfast at Glenner's (S) North County Times (I/E) Exercise & OT/PT (P) Hydration Cart Monster Match Up (I/C) Lunch Basket Toss (P) Music w/Melodies for Remedies (S/I) Snack Movie Monsters Match (S) The History of Movie Monsters (S) Monster Mash Mining (I/E) The Monster Mash Quiz (I/P)	21 Reptile Awareness Day Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Reptile Quiz (I/E) Lunch Golf (P) Tough As A Tortoise (S/I/E) Arts and Crafts (C) National Geographic (S) Snack Singalong (S/C) Movie: The Crocodile Hunter (S/I) Water our Garden (P)	22 National Color Day Breakfast at Glenner's (S) In the News! (I) Exercise & OT/PT (P) Hydration Cart Color Psychology (I/E) Lunch Football Toss (P) Karaoke (S) Color & Food Marketing (I/E) Snack Helen Woodward Pet Therapy (S/E) Charades (S/C) Outdoor Walk (P)	23 MLB World Series Begins Breakfast at Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Baseball Slang (I/E) Lunch Golf (P) Music with Glenn (S/I) Words and Crafts (C) BINGO (S) Snack Singalong (S/C) Movie: Rookie of the Year (S/I) Water our Garden (P)
26 Pumpkin Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Pumpkin Spice Latte Mining (E/I) Lunch Table Roll (P) Pumpkin Varieties (C) Snack BINGO (S) Orange Mania (C/I/E) Outdoor Walk (P) Movie of Choice (E)	27 It's No (Stevie) Wonder Day Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Remembering 1970's (S/C) Lunch Golf (P) Tuesday Travel with Margo (E/I) Snack Stevie Wonder Singalong (S/I/C) UNO (S) Stevie's Guest Appearances (S/I/E) Movie of Choice (E)	28 Statue of Liberty's Anniversary Breakfast at Glenner's (S) Exercise & OT/PT (P) North County Times (I/E) Hydration Cart Collage Detective (S/I/E) Lunch Basket Toss (P) Statue of Liberty Mining (S/I/E) Snack Reminiscent Reading: Statue of (I/S) UNO (S) Patriotic Singalong (C) Movie: National Treasure (E)	29 Jack-o'-Lantern Day Breakfast @ Glenner's (S) Current Events (I) Sit and Stretch (P) Hydration Cart Jack-o'-Lanterns (S/I) Lunch Football Toss (P/I/E) Pumpkin Carving (E/S/C) Why Pumpkins? (S) Pumpkin Smash (S) Singalong (S/C) What's the Difference (I/E) Outdoor Walk (P)	30 Frankenstein Friday Breakfast at Glenner's (S) Fitness Club (P) News (E/I) Hydration Cart Halloween History/Trivia (I/E/S) Lunch Cornhole (P) Costume Contest & Photo (I/E/S) Halloween Hoe-down (C/I) Snack Frankenstein Word Fit (E/I) Candy Corn Coloring Catastrophe (C) Poker/UNO (S/I) Water our Garden (P)

Birthdays!

October 7: Oswaldo D.
October 12: Jay L.
October 13: Babak A.
October 21: Dayana C. (Employee)
October 24: Judith M.

(S) = Social | (P) = Physical | (I) = Intellectual
(C) = Creative | (E) = Education



ENCINITAS CENTER
335 Saxony Rd. | Encinitas, CA 92024

Special Events

Music w/ Sonny: Friday, October 9th, 1:15pm
Polish Party: Tuesday, October 14th
Fall Harvest Day: Thursday, October 16th
Melodies for Remedies, October 20th, 1:00pm
Music & Karaoke w/ Glenn: Friday, October 23rd
Halloween Friday Fest: October 30th