## May 2024

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|  |  | JF\|NES!U |  | F!n! |
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| Activities Subject to Change |  | 1 May Day | 2 Cinco de Mayo Celebration | 3 Star Wars Day |
|  |  | Breakfast at Glenner's (S) <br> Participant Council Meeting (S) <br> Exercise \& OT/PT (P) <br> In the News! (I/E) <br> Hydration Cart <br> May Day Healing Baskets (C) <br> Lunch <br> Golf (P) <br> Popcorn Reading/Table Games (I/E) <br> Magazine Treasure Hunt (CII) <br> Snack <br> Charades (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Sit and Stretch (P) <br> Current Events (I) <br> Hydration Cart <br> Churro Tasting (S) <br> Lunch <br> Cinco de Mayo Celebration (S) <br> BINGO (S) <br> Creative Writing: Letters to Marines (C) <br> Snack <br> Movie of Choice (E) <br> SPA and Relaxation (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Exercise with Danielle (P) <br> Current Events (I) <br> Hydration Cart <br> Star Wars Trivia \& Word Scramble (I) <br> Lunch <br> Cornhole (P) <br> Arts and Crafts (C) <br> Poker/UNO (E/I) <br> Snack <br> Family Feud (S) <br> Movie of Choice (E) <br> Water our Garden (P) <br> "May the Fourth Be With You" |
| 6 National Nurses Day | 1 National Teachers Day | 8 National Iris Day | @ Lost Sock Memorial Day | 10 Mother's Day Celebration |
| Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> North County Times (I/E) <br> Hydration Cart <br> Nurse Trivia and Jokes (E) <br> Lunch <br> Cornhole (P) <br> Word Play (I) <br> Snack (Celebrating our Nurse: Noosh) <br> Movie of Choice (E) <br> Skeleton Bone (CII) <br> UNO (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Chair Yoga (P) <br> Current Events (I) <br> Hydration Cart <br> Teacher Role Play Game (S/CII) <br> Lunch <br> Table Roll ( P ) <br> Arts and Crafts (C) <br> Snack <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> BINGO (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> In the News! (I/E) <br> Hydration Cart <br> Karaoke (S) <br> Lunch <br> Golf (P) <br> Iris Art by Van Gogh (C/E) <br> Popcorn Reading/Table Games (I/E) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Charades (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Sit and Stretch (P) <br> Current Events (I) <br> Hydration Cart <br> About Socks and Sock Craft (C/E) <br> Lunch <br> Musical Balloon (P) <br> BINGO (S) <br> Creative Writing: Letters to Friends (C) <br> Snack <br> Movie of Choice (E) <br> Aromatherapy (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Fitness Club (P) <br> Current Events (I) <br> Hydration Cart <br> Stories for Seniors with Walter (I) <br> Lunch <br> Mother's Day Celebration (S) <br> Men's Craft Corner (C) <br> Poker/UNO (E/I) <br> Snack <br> Family Feud (S) <br> Movie of Choice (E) <br> Water our Garden (P) |
| 13 National Apple Pie Day | 14 Dance Like a Chicken Day | 15 National Chocolate Chip Day | 16 Wear Purple for Peace Day | 17 Pack Rat Day |
| Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> North County Times (I/E) <br> Hydration Cart <br> The More You Know: Pie Edition (E) <br> Lunch <br> Cornhole (P) <br> Word Play (I) <br> Snack (Pie Tasting) <br> Movie of Choice (E) <br> Arts and Crafts (C) <br> Music and Massage (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Scarf Dance \& OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> About Chickens \& Chicken Dance (E) <br> Lunch <br> Chicken Musical Chairs (P) <br> Arts and Crafts (C) <br> Snack <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> BINGO (S) <br> Outdoor Walk (P) <br> Tuesday Travel (S) | Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> In the News! (I/E) <br> Hydration Cart <br> Choc. Chip Cookie Tasting \& Trivia (S) <br> Lunch <br> Piano with Nina (S) <br> Popcorn Reading/Table Games (I/E) <br> Magazine Treasure Hunt (CII) <br> Snack <br> Garden Club: Worm Tea (E) <br> Charades (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Sit and Stretch ( P ) <br> Current Events (I) <br> Hydration Cart <br> About UFO's (E) <br> Lunch <br> Purple Party (S) <br> BINGO (S) <br> Creative Writing: Letters to Outer <br> Space (C) <br> Snack <br> Movie of Choice (E) <br> SPA and Relaxation (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Exercise with Danielle (P) <br> Current Events (I) <br> Hydration Cart <br> Organizing Hour (I/S/P) <br> Lunch <br> Laundry Cornhole (P) <br> Family Feud (S) <br> Poker/UNO (E/I) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Water our Garden (P) |
| 20 Pick Strawberries Day | 21 National Waitress Day | 22 National Maritime Day | 23 World Turtle Day | 24 In Honor of Memorial Day |
| Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> North County Times (I/E) <br> Hydration Cart <br> Monday School with Deacon Tay (E) <br> Lunch <br> Seek \& Find Strawberries ( P ) <br> Garden Club: Planting Strawberries (C) <br> Snack (Strawberries) <br> Movie of Choice (E) <br> Arts and Crafts (C) <br> UNO (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Chair Yoga (P) <br> Current Events (I) <br> Hydration Cart <br> Flatware Assembly (C/S) <br> Lunch <br> Table Roll or Jenga (P) <br> Mixology Class: Coconut Cream <br> Refresher (C) <br> Snack <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> BINGO (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> In the News! (I/E) <br> Hydration Cart <br> Karaoke (S) <br> Lunch <br> Golf ( P ) <br> Popcorn Reading/Table Games (I/E) <br> Voyage Game (E/C) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Charades (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Sit and Stretch (P) <br> Current Events (I) <br> Hydration Cart <br> About Turtles (E) <br> Lunch <br> Helen Woodward PET Encounter (S) <br> Red Hat Society: Tea Time (S) <br> Men's Club: Paris Architecture (S/E) <br> BINGO (S) <br> Snack <br> Movie of Choice (E) <br> Creating a Pet Turtle (C) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Fitness Club (P) <br> Current Events (I) <br> Hydration Cart <br> Memorial Day Facts (E/I) <br> Lunch <br> Cornhole (P) <br> Family Feud (S) <br> Poker/UNO (E/I) <br> Snack <br> Memorial Day Wreath (C) <br> Movie of Choice (E) <br> Water our Garden (P) |
| 27 Memorial Day | 28 National Hamburger Day | 29 Nat'I Senior Health \& Fitness Day | 30 International Jazz Day | 31 National Macaroon Day |
| Sorry Wive CLOSED | Breakfast at Glenner's (S) <br> Scarf Dance \& OT/PT (P) <br> Current Events (I) <br> Hydration Cart <br> History of the Hamburger ( $\mathbf{E}$ ) <br> Lunch <br> Music with Myron (S) <br> Hamburger Assembly (C) <br> Snack <br> Book Club:Short Stories (I) <br> Movie of Choice (E) <br> BINGO (S) <br> Outdoor Walk (P) <br> Tuesday Travel (S) | Breakfast at Glenner's (S) <br> Exercise \& OT/PT (P) <br> In the News! (I/E) <br> Hydration Cart <br> Karaoke (S) <br> Lunch <br> Golf (P) <br> Popcorn Reading/Table Games (I/E) <br> Produce BINGO (IIS) <br> Snack <br> Magazine Treasure Hunt (CII) <br> Charades (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Sit and Stretch (P) <br> Current Events (I) <br> Hydration Cart <br> About Jazz (E) <br> Lunch <br> Music with AI (S) <br> BINGO (S) <br> Color Jazz Ensemble (C) <br> Snack <br> Movie of Choice (E) <br> SPA and Relaxation (S) <br> Outdoor Walk (P) | Breakfast at Glenner's (S) <br> Exercise with Danielle (P) <br> Current Events (I) <br> Hydration Cart <br> Macaroon Sampling (E/S) <br> Lunch <br> Cornhole (P) <br> Family Feud (S) <br> Poker/UNO (E/I) <br> Snack <br> Arts and Crafts (C) <br> Movie of Choice (E) <br> Water our Garden (P) |

## Birthdays!

May 7 th - Roger U. May 14th - William U. May 31 st - Hideo M.
(S) = Social $\mid$ ( P ) $=$ Physical $\quad$ । (I) $=$ Intellectual (C) = Creative । (E) = Education


## Special Events

## Mother's Day Celebration: Fridad, May 10th

Thank you to Chef Alfonso Fitch from Coast Catering for the food donations.

