



NOTE: As of May 2021, the groups highlighted in yellow are being held via Zoom. The other groups have been temporarily suspended. Please contact center for updates.



CAREGIVER SUPPORT GROUP SCHEDULE

For 37 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the caregiver. These meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA*

MEETS EVERY WEDNESDAY
2:30 p.m. - 4:00 p.m.

CONTACT: Ana Reyes, MSW
Program Director
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

MEETS EVERY 1st & 3rd TUESDAY
10:00 a.m. - 11:00 a.m.

CONTACT: Ana Reyes, MSW
Program Director
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA

This group will be conducted in Spanish.

MEETS EVERY 1st & 3rd FRIDAY
2:00 p.m. - 3:30 p.m.

CONTACT: Ivonne Arias, MSW
Social Worker
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
(858) 249-0585
imarias@ucsd.edu

ENCINITAS*

MEETS EVERY WEDNESDAY
10:00 a.m. - 12:00 p.m.

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker
LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
(Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024
PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2nd & 4th MONDAY
10:00 a.m. - 11:30 a.m.

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker
LOCATION: Escondido Senior Center
210 Park Avenue
Escondido, CA 92025
PHONE: (760) 635-1895
encinitas@glenner.org

HILLCREST*

MEETS EVERY WEDNESDAY
3:00 p.m. - 4:30 p.m.

CONTACT: Marge Galante, RN, BSN
Program Director
LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103
PHONE: (619) 543-4704
hillcrest@glenner.org

*FREE RESPITE CARE PROVIDED DURING MOST GROUPS. PLEASE CALL AHEAD TO CONFIRM AVAILABILITY.