



CAREGIVER SUPPORT GROUP SCHEDULE

For 37 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the caregiver. These meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA*

MEETS EVERY WEDNESDAY
2:30 p.m. - 4:00 p.m.

CONTACT: Ana Reyes, MSW
Program Director
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

MEETS EVERY 1st & 3rd TUESDAY
10:00 a.m. - 11:00 a.m.

CONTACT: Ana Reyes, MSW
Program Director
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA

This group will be conducted in Spanish.

MEETS EVERY 1st & 3rd FRIDAY
2:00 p.m. - 3:30 p.m.

CONTACT: Ivonne Arias, MSW
Social Worker
LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
(858) 249-0585
imarias@ucsd.edu

ENCINITAS*

MEETS EVERY WEDNESDAY
10:00 a.m. - 12:00 p.m.

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker
LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
(Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024
PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2nd & 4th MONDAY
10:00 a.m. - 11:30 a.m.

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker
LOCATION: Escondido Senior Center
210 Park Avenue
Escondido, CA 92025
PHONE: (760) 635-1895
encinitas@glenner.org

HILLCREST*

MEETS EVERY WEDNESDAY
3:00 p.m. - 4:30 p.m.

CONTACT: Marge Galante, RN, BSN
Program Director
LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103
PHONE: (619) 543-4704
hillcrest@glenner.org

*FREE RESPITE CARE PROVIDED DURING MOST GROUPS. PLEASE CALL AHEAD TO CONFIRM AVAILABILITY.