



CAREGIVER SUPPORT GROUP SCHEDULE

For 37 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the caregiver. These meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA*

MEETS EVERY WEDNESDAY
2:30 P.M. - 4:00 P.M.

CONTACT: Shannon Patel, MSW,
Program Director

LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

MEETS EVERY 1ST & 3RD TUESDAY
10:00 A.M. - 11:00 A.M.

CONTACT: Shannon Patel, MSW,
Program Director

LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA

THIS GROUP WILL BE CONDUCTED IN SPANISH.

MEETS EVERY 1ST & 3RD FRIDAY
2:00 P.M. - 3:30 P.M.

CONTACT: Ivonne Arias, MSW,
Social Worker

LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
2765 Main St. A
Chula Vista, CA 91911
PHONE: (858)-249-0585
imarias@ucsd.edu

ENCINITAS*

MEETS EVERY WEDNESDAY
10:00 A.M. - 12:00 P.M.

CONTACT: Sheila Argeanton, BS, CDP,
Program Director, Social Worker

LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
(Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024
PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2ND & 4TH MONDAY
10:00 A.M. - 11:30 A.M.

CONTACT: Sheila Argeanton,
BS, CDP, Program Director,
Social Worker

LOCATION: Escondido Senior Center
210 E. Park Avenue
Escondido, CA 92025
PHONE: (760) 635-1895
encinitas@glenner.org

HILLCREST*

MEETS EVERY WEDNESDAY
3:00 P.M. - 4:30 P.M.

CONTACT: Marge Galante, RN,
BSN, Program Director

LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103
PHONE: (619) 543-4704
hillcrest@glenner.org

*FREE RESPITE CARE PROVIDED DURING MOST GROUPS. PLEASE CALL AHEAD TO CONFIRM AVAILABILITY.