



CAREGIVER SUPPORT GROUP SCHEDULE

For 40 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the family caregiver. Our support groups meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA

MEETS EVERY 4TH TUESDAY

12:00 P.M. – 1:00 P.M. (VIA ZOOM ONLY)

CONTACT: Ana Reyes, MSW
Program Director, Social Worker

When groups return in person, they will be held at:

LOCATION:

Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911

PHONE: (619) 420-1703
southbay@glenner.org

ENCINITAS

MEETS EVERY 2ND & 4TH WEDNESDAY

10:00 A.M. – 12:00 P.M. (VIA ZOOM ONLY)

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker

When groups return in person, they will be held at:

LOCATION:

The Glenner Center
335 Saxony Road
Encinitas, CA 92024

PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2ND & 4TH MONDAY

11:00 A.M. – 12:00 P.M. (VIA ZOOM ONLY)

CONTACT: Sheila Argeanton, BS, CDP
Program Director, Social Worker

When groups return in person, they will be held at:

LOCATION:

Escondido Senior Center
210 E. Park Avenue
Escondido, CA 92025

PHONE: (760) 635-1895
encinitas@glenner.org

HILLCREST

**THE HILLCREST CAREGIVER SUPPORT GROUP HAS BEEN TEMPORARILY
SUSPENDED. WE INVITE YOU JOIN ANY OF THE OTHER ABOVE GROUPS VIA ZOOM!**