



CAREGIVER SUPPORT GROUP SCHEDULE

For 37 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the caregiver. These meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA*

MEETS EVERY 4TH TUESDAY

**10:00 A.M. – 11:00 A.M. (IN-PERSON)
12:00 P.M. – 1:00 P.M. (VIA ZOOM)**

CONTACT: Ana Reyes, MSW,
Program Director

LOCATION: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911

PHONE: (619) 420-1703
southbay@glenner.org

ENCINITAS*

MEETS EVERY 2ND & 4TH WEDNESDAY

10:00 A.M. – 12:00 P.M. (VIA ZOOM ONLY)

CONTACT: Sheila Argeanton, BS, CDP,
Program Director, Social Worker

When groups return in person, they will be held at:

LOCATION: George G. Glenner Alzheimer's
Family Centers, Inc.® (Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024

PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2ND & 4TH MONDAY

11:00 A.M. – 12:00 P.M. (VIA ZOOM ONLY)

CONTACT: Sheila Argeanton, BS, CDP,
Program Director, Social Worker

When groups return in person, they will be held at:

LOCATION: Escondido Senior Center
210 E. Park Avenue
Escondido, CA 92025

PHONE: (760) 635-1895
encinitas@glenner.org

RESUMING
IN-PERSON
SOON!
CALL FOR
MORE INFO

HILLCREST*

MEETS EVERY WEDNESDAY

3:00 P.M. – 4:30 P.M.

CONTACT: Ana Reyes, MSW,
Program Director

LOCATION: George G. Glenner Alzheimer's
Family Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103

PHONE: (619) 543-4704
hillcrest@glenner.org

*FREE RESPITE CARE PROVIDED DURING MOST GROUPS. PLEASE CALL AHEAD TO CONFIRM AVAILABILITY.