



CAREGIVER SUPPORT GROUP SCHEDULE

For 35 years, a primary mission of the **George Glenner Alzheimer's Family Centers, Inc.**® has been to provide support and help to the caregiver. These meetings are free and open to all caregivers and family members of individuals with dementia.

CHULA VISTA*

Meets every Wednesday
2:30 p.m. - 4:00 p.m.
Contact: Bernice Molina, MSW,
Program Director
Location: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
Phone: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

Meets every 1st and 3rd Tuesday
10:00 a.m. - 11:00 a.m.
Contact: Bernice Molina, MSW,
Program Director
Location: Town Square®
2765 Main St. | Ste. A
Chula Vista, CA 91911
Phone: (619) 420-1703
southbay@glenner.org

ENCINITAS*

Meets every Wednesday
10:00 a.m. - 12:00 p.m.
Contact: Sheila Argeanton,
BS, CDP, Program Director,
Social Worker
Location: George G. Glenner
Alzheimer's Family Centers,
Inc.® (Inside Silverado Senior
Living) 335 Saxony Road
Encinitas, CA 92024
Phone: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

Meets every 2nd and 4th Monday
10:00 a.m. - 11:30 a.m.
Contact: Sheila Argeanton,
BS, CDP, Program Director,
Social Worker
Location: Escondido Senior
Center 210 Park Avenue
Escondido, CA 92025
Phone: (760) 635-1895
encinitas@glenner.org

HILLCREST*

Meets every Wednesday
3:00 p.m. - 4:30 p.m.
Contact: Marge Galante,
RN, BSN, Program
Director, Director of
Nursing
Location: George G.
Glenner Alzheimer's Family
Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103
Phone: (619) 543-4704
hillcrest@glenner.org

*Free respite care provided during most groups. Please call ahead to confirm availability.

GEORGE G. GLENNER ALZHEIMER'S FAMILY CENTERS, INC.®
WWW.GLENNER.ORG | 800-736-6674