



CAREGIVER SUPPORT GROUP SCHEDULE

For 37 years, a primary mission of the George Glenner Alzheimer's Family Centers, Inc.® has been to provide support & help to the caregiver. These meetings are free & open to all caregivers & family members of individuals with dementia.

CHULA VISTA*

MEETS EVERY WEDNESDAY

2:30 P.M. - 4:00 P.M.

CONTACT: Bernice Molina, MSW, Program Director

LOCATION: Town Square®

2765 Main St. | Ste. A
Chula Vista, CA 91911

PHONE: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

MEETS EVERY 1ST & 3RD TUESDAY

10:00 A.M. - 11:00 A.M.

CONTACT: Bernice Molina, MSW, Program Director

LOCATION: Town Square®

2765 Main St. | Ste. A
Chula Vista, CA 91911

PHONE: (619) 420-1703
southbay@glenner.org

ENCINITAS*

MEETS EVERY WEDNESDAY

10:00 A.M. - 12:00 P.M.

CONTACT: Sheila Argeanton, BS, CDP,
Program Director, Social Worker

LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®

(Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024

PHONE: (760) 635-1895
encinitas@glenner.org

ESCONDIDO

MEETS EVERY 2ND & 4TH MONDAY

10:00 A.M. - 11:30 A.M.

CONTACT: Sheila Argeanton,
BS, CDP, Program Director,
Social Worker

LOCATION: Escondido Senior Center

210 Park Avenue
Escondido, CA 92025

PHONE: (760) 635-1895
encinitas@glenner.org

HILLCREST*

MEETS EVERY WEDNESDAY

3:00 P.M. - 4:30 P.M.

CONTACT: Marge Galante, RN,
BSN, Program Director,

LOCATION: George G. Glenner
Alzheimer's Family Centers, Inc.®

3686 Fourth Avenue
San Diego, CA 92103

PHONE: (619) 543-4704
hillcrest@glenner.org

*FREE RESPITE CARE PROVIDED DURING MOST GROUPS. PLEASE CALL AHEAD TO CONFIRM AVAILABILITY.