



CAREGIVER SUPPORT GROUP SCHEDULE

For over 35 years, a primary mission of the **George Glenner Alzheimer's Family Centers, Inc.**® has been to provide support and help to the caregiver. These meetings are free and open to all caregivers and family members of individuals with dementia.

CHULA VISTA*

Meets every Wednesday
3:00 p.m. - 4:00 p.m.

Contact: Bernice Molina, MSW
Program Director

Location: George G. Glenner
Alzheimer's Family Centers, Inc.®
280 Saylor Drive
Chula Vista, CA 91910
Phone: (619) 420-1703
southbay@glenner.org

CHULA VISTA*

Meets every 1st and 3rd Tuesday
(Active Caregivers Only)
10:00 a.m. - 11:00 a.m.

Contact: Bernice Molina, MSW
Program Director

Location: George G. Glenner
Alzheimer's Family Centers, Inc.®
280 Saylor Drive
Chula Vista, CA 91910
Phone: (619) 420-1703
southbay@glenner.org

ENCINITAS

Meets every Wednesday
10:00 a.m. - 12:00 p.m.

Contact: Sheila Argeanton, BS, CDP
Program Director, Social Worker

Location: George G. Glenner
Alzheimer's Family Centers, Inc.®
(Inside Silverado Senior Living)
335 Saxony Road
Encinitas, CA 92024
Phone: (760) 635-1895
encinitas@glenner.org

Escondido

Meets every 2nd and 4th Monday
10:00 a.m. - 11:30 a.m.

Contact: Sheila Argeanton, BS,
CDP

Program Director, Social Worker
Location: Escondido Senior Center
210 Park Avenue
Escondido, CA 92025
Phone: (760) 635-1895
encinitas@glenner.org

HILLCREST*

Meets every Wednesday
3:00 p.m. - 4:30 p.m.

Contact: Marge Galante, RN, BSN
Program Director, Director of
Nursing

Location: George G. Glenner
Alzheimer's Family Centers, Inc.®
3686 Fourth Avenue
San Diego, CA 92103
Phone: (619) 543-4704
hillcrest@glenner.org

National City

Meets every 2nd and 4th Monday
7:00 p.m. - 8:30 p.m.

Contact: David Wallace
General Manager

Senior Helpers/San Diego
Location: Parkview @ Paradise
Village (Meets in The Great Room)
735 Arcadia Avenue
National City, CA 91950
Phone: (619) 399-5988
dwallace@glenner.org

*Free respite care provided during most groups. Please call ahead to confirm availability.

GEORGE G. GLENNER ALZHEIMER'S FAMILY CENTERS, INC.®
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