

Town

SQUARE®

A George G. Glenner Alzheimer's Family Center

THE WORLD'S 1ST DAY CENTER FOR

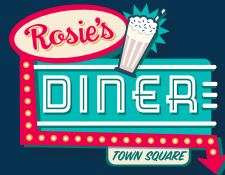
Immersive Reminiscence Therapy



A unique, indoor, and interactive program for people with Alzheimer's and related dementias set in the 1950s/1960s

Town Square Storefronts

— ARE DESIGNED —
to Spark Memories:



Schedule A Tour Today!

619-420-1703

townsquare@glenner.org

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SQUARE®

A George G. Glenner Alzheimer's Family Center

2765 Main Street | Suite A | Chula Vista, CA 91911

www.glenner.org



In 1982, Dr. George G. Glenner and Joy Glenner created the nation's first non-profit medical/social adult day healthcare program designed specifically for individuals with Alzheimer's disease and dementia.

Now, with another "first-of-its-kind", we proudly introduce Town Square®, a highly-structured, safe and fulfilling experience filled with tangible prompts from the past.

Reminiscence Therapy

provides benefit to those with Alzheimer's and other forms of dementia by surrounding them with tangible prompts from their past bringing them back in time to



where their memories are the strongest. Reminiscence Therapy has been shown to improve mood, reduce agitation and improve sleep quality.



1

ADULT DAY HEALTH CARE

Receive a clinical level of care for your loved one.

- * Town Square is a licensed Adult Day Healthcare Center and Activity Program. (License #060000575)
- * A clinical level of care by a registered nurse is available for your loved one.
- * Activity tracts designed by cognitive level and participant interest.
- * Includes Medication Management.
- * 5:1 participant-to-direct care staff ratio.
- * Full-day and half-day programs available.
- * Private pay, Veteran Benefits and Long Term Care insurance may be utilized.



2

PROFESSIONALLY GUIDED EXPERIENCE

Senior Helpers® caregivers will guide your loved one through Town Square.

- * Senior Gems® certified staff will guide your loved one down Memory Lane and engage them in dementia-friendly activities.
- * A variety of activities will be tailored to each participant in a safe and supervised environment.
- * 5:1 participant-to-direct care staff ratio.
- * Full-day and half-day programs available.
- * Private pay, Veteran Benefits and Long Term Care insurance may be utilized.



3

SELF-GUIDED EXPERIENCE

Enjoy Town Square with your loved one!

- * Take a walk down Memory Lane with your loved one.
- * Enjoy up to 8 hours in our stimulating, dementia-friendly space.
- * Town Square Reminiscence Therapy Attendant available to help guide you!
- * You will be notified of available storefronts at time of arrival.
- * Please call ahead to reserve your spot!
- * Full-day and half-day rates available.
- * Subject to availability.

4

OUTINGS FOR RESIDENTIAL COMMUNITIES

Bring your residents to Town Square to enhance your existing activity program.

- * Call for pricing and availability.

5

EVENTS AT TOWN SQUARE

Hold a 1950s-themed event at Town Square.

- * Call for pricing and availability.

